

## UPCOMING EVENTS: NOVEMBER 2017

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### BOARD MEETING:

November 7th at 7:30PM - Every first Tuesday night is our Board meeting at Moldaw Senior Residences, 899 Charleston Ave., Palo Alto, conference room on the 2nd floor.

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### NUTRITION SERIES: A joint program with the Palo Alto JCC Gluten Free, Yes or No? - by Chen Ben Asher.

Wednesday, November 08, 2017 6:30P.M. - 8:30P.M. - Palo Alto JCC, Room G-100

Learn what gluten is, where it's found, what the difference is between **gluten sensitivity** and **gluten allergy**, what symptoms to look for, and what tests to seek from your doctor. Is it enough just to eliminate the gluten as part of the healing process.

**Chen Ben Asher**, is Board Certified in Holistic Nutrition® Consultant, M.A., C.G.P., F.L.T. Chen specializes in Women's Health, Metabolic Syndromes, Diabetic, Hormonal Imbalances, and Weight Management. She is a public speaker, educator, clinician, author, and creator of "What if Gluten Free is Not Enough- The Weight Loss Connection", "Best Foods to Eat After Surgery", How To Reduce High URIC ACID, Candida – Functional Nutritional Approach; Step by Step – How to take control of Candida" and more.

Please join us for important insights, useful demonstrations, and delicious food samples. The program is free for all Life Members. For more information please contact Sue Hartenbaum at [ShoshanaSue43@yahoo.com](mailto:ShoshanaSue43@yahoo.com) or 310/721-1562.



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### TEA TIME READERS:

NINE FOLDS MAKE A PAPER SWAN by Ruth Gilligan

Wednesday, November 8th at 1:00p.m., hosting by Marilyn David Krasnet. Please let the hostess know if you are coming. RSVP with [SequoiaChapterRSVP@Hadassah.org](mailto:SequoiaChapterRSVP@Hadassah.org). New members always welcome.

09  
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### SEQUOIA HADASSAH NOVEMBER CLASS: JEWISH AUTHORS with JOYCE MOSER

Thursday, November 9th Kol-Emeth 10:30A.M - Noon

We will be reading "The Ghost Writer, by Philip Roth and "The Old Bunch" by Meyer Levin.

JOYCE MOSER brings us her vast knowledge of Jewish writers, past and present. Come learn and join the discussion.

Contact Leah at [SequoiaChapterRSVP@Hadassah.org](mailto:SequoiaChapterRSVP@Hadassah.org) - \$15 Donation to Hadassah

16  
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### THURSDAY LOCAL AUTHOR'S SERIES

Sequoia Hadassah is Proud to Present Marty Brounstein, "Two Among the Righteous Few"

Thurs., Nov. 16, 2017 7:30P.M. - 9:00P.M., Congregation Kol Emeth, 4175 Manuela Ave, Palo Alto, Ca 94306

RSVP - [SequoiaChapterRSVP@hadassah.org](mailto:SequoiaChapterRSVP@hadassah.org)

Minimum donation \$10.00. For more information, contact Sue Hartenbaum cell 310/721-1562

Tells the remarkable true story of how Frans and Mien Wijnakker, a Christian couple, saved the lives of at least two dozen Jews in southern Holland during World War II. It's an inspirational interfaith story about risk, courage, compassion and hope, during one of the darkest times in history.

Marty Brounstein is a former management author, consultant and one-time history teacher. Sharing this special story, at a variety of venues and cities beyond his home in the Bay Area, has led Marty on an unexpected journey.... A journey now in its 7th year.

Join us for an engaging evening with the author, who will discuss with us his meaningful personal connection to the tale and its heroes.

11  
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### EVENING BOOK GROUP:

ON CANAAN'S SIDE by Sebastian Barry

Monday, December 11th at 7:30p.m., home of Carol Tannenwald. RSVP with [SequoiaChapterRSVP@Hadassah.org](mailto:SequoiaChapterRSVP@Hadassah.org)

## ANNOUNCEMENTS:

### JNF TREE CERTIFICATES AND HADASSAH CERTIFICATES

#### In honor of

Jerry Spector's 75th Birthday  
Bobbie & Jerry Wagger

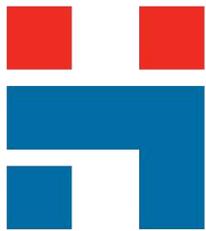
#### In memory of

Bea Prorock, the mother of Linda Ziff  
Carol Tannenwald  
Rhoda Novick  
The Movie Mayvens

### CALENDAR AD BOOK

Every year Sequoia solicits advertisements from all members and local businesses for our annual Calendar/ Ad Book. This book is a major fundraiser for our chapter. Included in this mailing is a "pink page" which is the form we use for our membership donations. Please consider sending in a donation to support the medical research of Hadassah.

If you have a local business you wish to ask, please let us know so we can send you a separate solicitation letter.



# HADASSAH

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CHANGE SERVICE REQUESTED

**CALENDAR BOOK PINK PAGE (solicitation letter) INCLUDED.**

## NEWS FROM HADASSAH

### **Meet Prof. Ben Yehuda the newly appointed Dean of the Medical School**

For the first time, since the Hebrew University of Jerusalem's medical faculty was established in 1949, a woman has been named as its head. Prof. Dina Ben-Yehuda, director of hematology at the Hadassah University Medical Center, took office as the 23rd dean of Hebrew University's medical faculty.

A graduate of Ben-Gurion University Medical School, Ben-Yehuda completed her internship in internal medicine and hematology at Hadassah and her research at Memorial Sloan-Kettering Hospital in New York City. She is involved in innovative research in the treatment of malignant cells in combination with extensive clinical work.

The new dean is the mother of three girls and is married to Prof. Arie Ben-Yehuda, head of Hadassah's Department of Internal Medicine. Dina Ben-Yehuda lost her oldest brother to cancer when he was seven years old. The family tragedy was a formative event that led to her decision to study medicine. During the Yom Kippur War, she coordinated treatment for casualties and was awarded the Chief of Staff's Medal for her service.

"Hadassah is unique in that it trains all medical professionals: researchers, pharmacists, specialists in public health, occupational therapists and nurses," Ben-Yehuda said. "Only with the cooperation of all sectors, including students, can we train the next generation of medical professionals and give them the ability to understand the nature of the profession, while striving for knowledge, professionalism and respectful and ethical behavior in the process of medical treatment."

**Take a look at our new chapter website! It includes chapter announcements, information about upcoming events, and Bulletin newsletters:**  
<http://www.hadassah.org/regions/central-pacificcoast/chapters/sequoia/sequoia.html>



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