SEPTEMBER 7 AFTERNOON OF EDUCATION AND FUNDRAISING

“Shhh...OUR Matriarchs Are Speaking II”

WHEN: Thursday, September 7, 2017 at 1:30 pm
WHERE: Tucson Jewish Community Center in the Heritage Room

You are cordially invited to attend a special afternoon filled with treats for your body, mind and soul. Hadassah will host two remarkable Jewish women leaders: Rabbi Helen Cohn and Rebbetzin Esther Becker. Join us to hear how these two women found their own inspirational matriarchs. Rabbi Cohn is the spiritual leader of Congregation M’kor Hayim in Tucson. Rebbetzin Becker is an educator and co-founder of Congregation Chofetz Chayim

We will also have a Silent Auction of unique handmade crafts created by Jewish women. Want to donate an item or two? See page 2. For a memorable afternoon of coffee, cake, silent auction and inspiration, make a reservation today!

COST: $36 ($18 tax deductible)
Please send your check, made out to Hadassah by August 29.
Contact: Rochelle Roth, HadassahSoAz@gmail.com

OCTOBER 15 LUNCHEON

WHEN: Sunday, October 15, 2017 at 11:30 am
WHERE: Country Club of La Cholla at 8700 N. La Cholla Blvd.; Tucson, AZ 85742

Join us for a delicious buffet luncheon, featuring baked fish, and an appropriate October program, (Breast Cancer Awareness Month). Cassandra Garcia, a certified genetic counselor, will speak on:

“Genetics of Cancer: Hereditary Breast Cancer, Jewish Ancestry, and Ongoing Research: Important Information for Men and Women”

COST: $18, Checks made out to Hadassah

RSVP by October 8.
Contact: Anne Lowe, HadassahSoAz@gmail.com
MESSAGE FROM THE PRESIDENT

Dear Hadassah Friends,

It’s been a number of months since I last wrote a President’s Message, and even though Hadassah Southern Arizona has taken a siesta for the summer months, we still had a wonderful Hadassah Shabbat dinner and service on March 3 at Congregation Bet Shalom. Then on March 5, we celebrated 20 years of cleaning the roadways around the JCC, as we gathered once more to do it again as our Adopt-A-Roadway commitment. Many of you joined in on the March 8 bus trip to the Casa Grande Ruins and the Queen Creek Olive Mill.

Then on Sunday, April 30, at a membership luncheon, we heard from Dr. Leonard Joffe about macular degeneration, one of the diseases that Hadassah research is currently tackling. Finally, we all laughed and relaxed on June 13 at the Gaslight Theater. Many thanks to Linda Kunsberg for arranging this evening.

So now we are ready to launch our fall programs. Because you all loved the “Shhh, Our Matriarchs Are Speaking” event of last September, we are doing it again! Check out the front page of this issue of Chai Lites, and read the bios (on this page) of our two superb presenters.

Once again, we are having a “Melechet Yad” (Works of Our Hands) Silent Auction at the Matriarchs event. Would you consider donating some “work of your hands” for our women’s works silent auction on September 7? Contact the chair of the event, Rochelle Roth (HadassahSoAz@gmail.com) to let her know what you’d like to donate, and save the date for our “Shhh, Our Matriarchs Are Speaking II.”

After the High Holidays, we will resume our membership luncheons with an October 15 event at the Country Club of La Cholla. If you remember from last year, the sumptuous buffet was outstanding. We have been invited back again this year! Our program about the genetics of breast cancer is a “must attend event” for men and women. And we are holding it in Breast Cancer Awareness Month. Check out the cover of this issue to make your reservation.

As ever, we all look forward to meeting at Hadassah events, and raising money for hospitals and projects together. Looking forward to being with you soon!

Yours in Hadassah,

Anne Lowe, HadassahSoAz@gmail.com

BIOS FROM FRONT PAGE

Rabbi Helen Cohn is the spiritual leader of Congregation M’kor Hayim. She was ordained at Hebrew Union College-Jewish Institute of Religion in 1994 and came to Tucson eleven years ago, after serving a congregation in San Francisco. Rabbi Cohn is also a spiritual director and an active participant in Tucson’s interfaith community.

Rebbetzin Esther Becker was born in Brooklyn, NY and grew up in an environment of synagogue life, community life, and the well-being of all Jews. Rabbi and Rebbetzin Becker came to Tucson in 1979 to found Congregation Chofetz Chayim. In addition to raising nine children, Esther has touched hearts with her wisdom, insight and genuine compassion. She adds a special grace to all events and conducts classes at the Women’s Academy of Jewish Studies.

Cassie Garcia, MS, CGC is a certified genetic counselor at the University of Arizona Cancer Center. She received her BS in psychology from the University of Colorado, Denver and her MS in medical and molecular genetics from Indiana University.

SILENT AUCTION ITEMS NEEDED

Please donate your hand-crafted items—artwork, jewelry, bakery, glasswork, stitchery, etc. for our Silent Auction on September 7. Contact Rochelle Roth, HadassahSoAz@gmail.com, to arrange delivery. Thank you for your talents and big hearts!
WHAT’S HAPPENING: SPECIAL INTEREST GROUPS by Marti Cohen

BOOK CLUB EAST (21st year) Contact Maxine Murray, HadassahSoAz@gmail.com
1:30-3:00 pm at the River/Craycroft Pima County Public Library
September 25—The Dovekeepers by Alice Hoffman
October 23—Hidden Figures by Margot Lee Shetterly, non-fiction
November 27—Hillbilly Elegy by JD Vance, memoir or Gray Mountain by John Grisham, fiction
(choose either or both to read)

BOOK CLUB NORTHWEST (Co-sponsored by the Jewish Federation Northwest)
Contact Sandra Reino, HadassahSoAz@gmail.com
August 28—Love and Treasure by Ayelet Waldman
September 25—Marriage of Opposites by Alice Hoffman
October 23—Nothing Daunted: The Unexpected Education of Two Society Girls in the West by Dorothy Wickenden
November 27—In the Unlikely Event by Judy Blume

MAH JONGG TOURNAMENT The Northwest Division of the Jewish Federation of Southern Arizona is holding a Mah Jongg tournament October 22 at the NW Office, 190 W. Magee Rd.
Cost: $36.00 per person. For further details contact: Anne Lowe, HadassahSoAz@gmail.com

COFFEELESS CONVERSATION September 2017, October 2017, and November 2017. La Posada, La Perla Apt. Bldg., 2nd Floor from 1:00-3:00 pm. Contact Iris Sapovits, HadassahSoAz@gmail.com, for further information and dates.

DINING OUT WITH HADASSAH Chair: Sally Juntiff, HadassahSoAz@gmail.com
Tuesday, August 8 at Noon, Eclectic Café, 7053 E. Tanque Verde Rd.
Tuesday, September 5 at 6:00 pm, Bazil’s, 4775 E. Sunrise Dr.
Tuesday, October 3 at Noon, Macaroni Grill, 5100 E. Broadway Blvd.

Hadassah Southern Arizona’s Nominated Board for 2018
Thank You to the Nominating Committee, chaired by Corinne Forti, for their efforts in nominating a new slate of officers.
Vice-President, Membership—Lynnda Schumer
Vice-President, Programming—Sara Wisdom
Treasurer—Marcia Winick
Corresponding Secretary—Karen Skolnik
Recording Secretaries—Helen Rib and Louise Good
Records Administrator—Ruth Beecher

ADOPT-A-ROADWAY’S 20TH ANNIVERSARY PHOTO
l to r: Mike Jacobson, Diane Harland, Phyllis Gold, Karen Skolnik, Margo Gray, Sandra Lachter, Corinne Forti, Louise Good, Diane Katz. Photo by Anne Lowe
Join us for the next Adopt-A-Roadway on Sunday, November 12 at 8:30 am in the JCC parking lot. For more info: Contact Mike Jacobson, HadassahSoAz@gmail.com
A Gift That Puts Family First

Your priority is to provide for your family and other loved ones. If you are like me, supporting Hadassah's service to humanity is a passion. You don't need to be rich to do both. An easy way is to designate Hadassah as a beneficiary of one or more of your assets.

You can split a retirement plan account, life insurance policy, bank account, or broker account among your heirs and designate a percentage for Hadassah's work. By dividing up your assets into percentages, you are setting aside assets for your family AND impacting Hadassah's lifesaving work.

Contact the administrator of your account, retirement plan or insurance policy and request a change-of-beneficiary form. Decide what percentages of the account, the plan or policy's value you wish to give to whom and name Hadassah and any other beneficiaries, along with the respective stated percentage, on the beneficiary form. Return the form to your plan administrator or insurance company.

All legacy gifts, regardless of size, make a meaningful difference. Learn more about simple ways to secure Hadassah's future at giving@hadassah.org or 800-428-8884.

Margo Gray, Chair of Planned Giving

Hadassah Greeting Cards

Support Hadassah by purchasing from our new selection of greeting cards and Rosh Hashanah cards. Cards sell for: $2 per card or 3 cards for $5. It’s a bargain! And you help Hadassah!

Please contact Susan Wortman at HadassahSoAz@gmail.com

To send out Hadassah Certificates, of any value, or Jewish National Fund Tree Certificates, multiples of $18, contact:

Ginger Waldstein, HadassahSoAz@gmail.com

WINTER VISITORS/RESIDENTS

IF YOU ARE a Winter Visitor or a Winter Resident, please email the following information to Ruth Beecher, our Records Administrator: Name, chapter, winter address in Tucson, winter address if permanent or just for this year, arrival date in Tucson, and departure date from Tucson.

Ruth Beecher, HadassahSoAz@gmail.com
**MEMBERSHIP**

**WELCOME NEW ANNUAL MEMBERS**
- Daryl Cohen
- Deborah R. Gretsky
- Jacqui Kulinsky
- Irene Lloyd

**WELCOME NEW LIFE MEMBERS**
- Sylvia B. Goldstein
- Mallory Hulsey
- Susan Simon
- Sue Strauss

**WELCOME NEW TRANSFERS**
- Elinor J. Breecher
- Phyllis Levine

L’Shanah Tovah
Have a sweet year!

**Mazel Tov To:**
- Dr. Fred and Sharon Klein on the birth of their granddaughter Samara Jacobs to their daughter, Jori and Matt Jacobs
- Rachel and Jonathan Green on the Bar Mitzvah of son Gabriel
- Jane and Jonathan Klein on the Bat Mitzvah of granddaughter Ava
- Linda and Shelby Silverman on the Bat Mitzvah of granddaughter Talia
- Linda and Andy Kunsberg on the birth of their grandson
- Nancy and Jeff DuBois on the engagement of son Avi
- Sylvia and Alan Winner on their 70th Wedding Anniversary
- Alan Winner on his 100th Birthday
- Rita and Martin Hall on the engagement of son Jacob
- Bertie Levkowitz on her 75th Birthday

**Thinking of You:**
- Marlene Zoloto
- Carole Powers
- Barbara Esmond
- Wendy Jacobson
- Lynnda Schumer
- Sandra Lachter
- Phyllis Gold

**In Sympathy To:**
- Essie Nadler on the loss of her husband George
- Renee Gladstone and Family on the loss of husband Herman
- Malcolm Parker on the loss of his wife Mary
- Shelley Lipowich and Family on the loss of her husband Maury
- The Berkowitz Family on the loss of Betty
- Louise Good on the loss of her mother

**MEMBERSHIP UPDATES**

Updating our membership information is a continuous job and your assistance would be most appreciated!
You can help by letting us know of any of the following:
- If you know of any member who has moved out of state
- If you know of any member who has recently moved within our community
- If you know of any member who has passed away
- If someone is not receiving our bulletin who should be
- If you know of any prospective member that should be contacted
- If you have time to make phone calls

Contact: Lynnda Schumer, VP-Membership, HadassahSoAz@gmail.com

**MUSHROOMING LUNCHEONS** (They spring up everywhere after a rainfall.)
Host a luncheon, dinner, brunch or tea at your home for five Hadassah, or potential Hadassah members. Each one pays $18 to Hadassah, and you, the hostess, prepares the kosher-style meal. If you’d like to be a hostess, or be invited to a luncheon, contact Ruth Osobow for more details.
Jewish Hadassah Nurse Breastfeeds Baby of Injured Palestinian Mom

Wednesday, June 7, 2017
www.hadassah.org | News & Stories

It was Friday night in the Emergency Room at Hadassah Hospital Ein Kerem. Nurse Ola Ostrovsky-Zak began her shift as usual, but by the time it ended, she had added an unusual element to her nursing care.

A head-on collision with a bus brought nine-month-old Yaaman Abu-Ramila by ambulance to the ER. His mother was critically injured and his father had been killed. Sedated and intubated, Yaaman’s mother was placed in Hadassah’s intensive care unit. Little Yaaman was sent to the pediatric ER.

Although Yaaman had a skull fracture and lung injury, the biggest problem was that he refused to take a bottle, and his mother wasn’t able to nurse him.

For seven hours, he refused to eat at all and was deteriorating. He wouldn’t stop crying. “His aunts asked me if I could find a wet nurse for the baby,” relates Nurse Ostrovsky-Zak. “I didn’t think twice. I had an easy solution. I could nurse him myself. I’m here all night anyhow.”

Nurse Ostrovsky-Zak, an enthusiastic supporter of breastfeeding, has three children of her own. “I fed him five times during the night,” she recalls.

Originally a professional dancer, Nurse Ostrovsky-Zak became interested in nursing after giving birth. Thanks to the midwives who took care of her, she felt empowered and was so impressed with them that she changed careers and became a midwife.

How did the baby feel to have a stranger breastfeed him? “I watched him settle comfortably in my arms,” says Nurse Ostrovsky-Zak. “He shut his eyes peacefully and fell asleep. It felt natural.”

Yaaman’s aunts hugged her and thanked her, Nurse Ostrovsky-Zak remembers. “They were surprised because they said they didn’t know that a Jewish woman would agree to breastfeed a Palestinian baby. I told them that any breastfeeding mother would agree.”

The baby’s family is still emotional about the loving care that was given to him in the hospital. “The nurse is like a sister in our family,” noted Aunt Samar. “She came to Yaaman’s rescue and gave him loving care. We can’t thank her enough from the bottom of our hearts. She saw a baby, not his nationality.”

According to Islam, Yaaman’s grandmother adds, “if a woman nurses a baby five times, the baby is considered her son.” “That fulfills a dream of mine,” said Nurse Ostrovsky-Zak. “I’ve wanted to have a fourth child.”
ZIONISM, quite simply, is Jewish nationalism, or more elaborately, the Jewish movement of national liberation, first to build and now to perfect a Jewish democratic state in the Jewish people’s ancestral homeland. Originating in the late 19th century, decades before Israel was established in 1948, Zionists maintained that the Jewish people, who had been subjected to discrimination, persecution and anti-Semitism in many lands, would be free to determine their own future only through the re-establishment of a Jewish state. Jews were, and are, a people bound by a common history traced back three thousand years with a common culture, a sense of communal destiny, a commitment to the land in Israel, and an overall sense of interconnectedness. The Zionist movement believes that Am Yisrael, the Jewish people, can find ultimate individual and collective fulfillment with a thriving, democratic, Medinat Yisrael, a State of Israel, in Eretz Yisrael, the Land of Israel.

HOW CAN ISRAEL SIMULTANEOUSLY BE BOTH JEWISH AND DEMOCRATIC?

Like many other liberal democracies, Israel celebrates and cultivates its majority Jewish culture while remaining dedicated to preserving full equality for all of its citizens. There is no contradiction in keeping Israel’s Jewish and democratic character, even with a sizeable non-Jewish minority citizenry comprised mostly of Arab-Israeli citizens. (Arab-Israelis are distinct from Palestinians in the West Bank, Gaza, and parts of Jerusalem who are not citizens of Israel.) Israel can be—and is—both the nation state of the Jewish people and a state of all its citizens, which guarantees “complete equality of social and political rights, irrespective of religion, race or sex,” and “freedom of religion, conscience, language, education and culture,” as enshrined in Israel’s Declaration of Independence. The term “Jewish State of Israel” is sometimes misunderstood to mean that Israel is a theocracy. In fact, this term refers to the Jewish character of the state, which has the primary purpose of serving and protecting the Jewish people. For example, state holidays reflect the Jewish calendar. Instead of Sunday being a day off, the Jewish Sabbath, Saturday, is the day of rest in Israel. As within many other democracies, some people believe that minority citizens experience discrimination. As a result, they believe that Israel’s government must do more to prevent discrimination of minorities in the workplace and allocate more state resources to these communities. These citizens nevertheless participate in state elections, are members of Israel’s parliament, and exercise freedom to protest any perceived inequalities. While the inherent tension of balancing Israel’s dual identity as a nation-state of the Jewish people and a state for all its citizens remains, the struggle to fulfill the promise of full equality made in the Declaration of Independence is ongoing.

From Marti Cohen
Education Vice President for Hadassah Southern Arizona
Hadassah Southern Arizona

www.hsa.hadassah.org

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National Hadassah site: www.hadassah.org

2017 EXECUTIVE BOARD

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Corresponding Secretary: Karen Skolnik
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Recording Secretary: Helen Rib and Louise Good

2017
MARK YOUR CALENDAR

Tuesday, August 8  12 Noon  Dining Out  Eclectic Café
Tuesday, September 5  6:00 pm  Dining Out  Bazil’s
Thursday, September 7  1:30 pm  Matriarchs II  JCC
Tuesday, October 3  12 Noon  Dining Out  Macaroni Grill
Sunday, October 15  11:30 am  Luncheon  Country Club of La Cholla
Sunday, November 12  8:30 am  Adopt-A-Roadway  JCC

PLEASE NOTE:
Friday, September 8—Sunday, September 10
Hadassah Fab 5 Region Conference in Phoenix

HADASSAH SOUTHERN ARIZONA CHAI LITES is published in September, November, January, and March by Hadassah Southern Arizona. Hadassah Southern Arizona, HadassahSoAz@gmail.com, is part of the Women’s Zionist Organization of America, Inc.