

March 2016

what's news is the
E-Newsletter of
Jacksonville Hadassah



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Let's Get Together

in Mind - Body - Spirit

Book Discussion - Every Step Counts (Walk) - Yoga Shalom

Meet an Author... Form a Book Club... Let's Schmooze!



Tues., March 15
10:30 AM-12:00 PM
at the Clubhouse of
Edgewater of
Sunbeam, [4400](#)
[Edgewater Crossing](#).

Please join us as
we meet Sally Wahl
Constain who will talk

about her book, [The Keys to Fanny](#), and provide
information about forming a book club. Tricia
Bettman, long time Hadassah and Book Club
member, will help facilitate the discussion. There
will also be Hadassah updates, and plenty of time
to schmooze! RSVP to Liat at **(904) 591-6984** or
at walkers.beach@gmail.com.

Cards/Certificates
Sondra Resnikoff
260-1457

Historian
Shoshana Haas
262-3537

JNF Boxes
Evelyn Peck
268-0597

Florida Central OVP
and Chapter Advisor
Lin Pomerantz
923-8030

Webmaster
Michelle McCormick
608-9049



Remember you can order JNF trees through Hadassah. To do so please contact Evelyn Peck at (904) 268-0597 or preferably by e-mail: ijpeck@bellsouth.net. The cost of a certificate is \$18.00 per tree. Contact Evelyn to order a tree certificate or to request a JNF "blue box" (now red), which she also has available.

ORDER HADASSAH CARDS & CERTIFICATES

Every Step Counts: Hadassah's Walking Program



We're (virtually) walking from Hadassah Medical Organization (in Jerusalem) to the Hadassah National Convention (in Atlanta). The virtual walk will be held from April 11-July 21, 2016 and it will also offer you the opportunity to (actually)! Walk for your health, log in your steps and let's "walk" together with other Hadassah members from all over the country.

[Click here to register](#), or contact Lin Pomerantz for additional information.

www.hadassah.org/health-medicine/every-step-counts

Yoga Shalom has begun!



Wednesdays
10:30 -11:30 AM at
Congregation
Ahavath Chesed,
[8727 San Jose
Boulevard.](#)

Jacksonville



Sondra Resnikoff is always available with a great assortment of cards for every occasion as well as certificates. Birthday? Anniversary? New Baby? Get Well? Thinking of you? She's got it all! Call her at (904) 260-1457.

Make a difference and become a member of the Chai Society

\$15⁰⁰
MO
can buy...



Chaisoci

Consider setting up an automatic monthly gift of \$15 and become a member of the **Chai Society**. Annual giving allows you to budget, helps your chapter meet its fundraising goal - *and* is a great way to be counted on month after month, year after year. You can easily make arrangements to pay on a credit card.

To learn more, contact Jodi Seitlin at 254-2322 or lawlady1990@att.net.

Step Up!



We are currently in need of members to step forward in a variety of ways. Please let us know if you are interested in

Hadassah and the Temple have teamed up to bring Yoga Shalom to the community. Yoga Shalom, a yoga/prayer service developed by Cantor Lisa Levine and Carol Kurgoff, meets every Wednesday at 10:30 a.m. at the Temple. This unique worship experience brings together body, mind, and spirit and combines the two powerful spiritual disciplines of Jewish worship and yoga practice. It is open to everyone, no matter your previous experience, age or abilities, Just wear comfortable clothing and bring a yoga mat.

For more information, contact Jodi Seitlin at lawlady1990@att.net or 904-254-2322.

MEDICAL NEWS FROM Hadassah Hospital



Some very exciting news from the Hadassah Medical Organization in Jerusalem (HMO)! It was recently announced that a new ALS treatment, with stem cell infusion, inhibits ALS disease progression in 87% of clinical trial patients. This new treatment, performed at HMO developed by the US/Israeli biotech company, BrainStorm Cell therapeutics, has significantly slowed the progression of Amyotrophic Lateral Sclerosis (ALS, also known as Lou Gehrig's Disease).

[Read more here.](#)

leading, or in helping out with, efforts in the following areas:

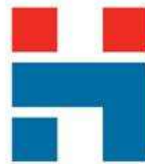
- Event Planning
- Fund Raising
- Telephone Calls
- Hosting a small "Parlor Group"

Stay Connected!

Jacksonville Hadassah has its own Facebook page! Check us out - find us, follow us and friend us on Facebook. It's a great way to stay on top of local, national and international news, *and* the most current Hadassah events and announcements. Click below:

www.facebook.com/HadassahJacksonville

*So proud of Hadassah! So proud to be part of Hadassah!
So proud to support Hadassah!*



HADASSAH

the power of women who |

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