

Jacksonville Hadassah

invites you to participate in two special programs



Raising Jewish Children in Interfaith Families



Thursday, November 19
7 - 9 PM

Vista del Mar Clubhouse
2301 Costa Verde Blvd
Jacksonville Beach

An interactive dialogue with
Jewish parents and educators, led by
Naomi Chase
Michelle Jacobs McCormick
and Liat Walker.

*Free and open to the community.
Refreshments will be served.*

EVERY STEP COUNTS WALK FOR ♥ HEALTH

Sunday, December 6
10:30 AM - 12:30 PM

at the Wildlife Sanctuary Nature Trails
University of North Florida • 1 UNF Drive

One in three women over the age of 20
has some form of cardiovascular disease.



HEART DISEASE IS THE
#1 KILLER
of women worldwide

BUT

82%

of heart
disease is
PREVENTABLE

\$18 Registration includes t-shirt, water and snacks
Every Step Counts is part of Hadassah's
EVERY BEAT COUNTS Heart Health Initiative

RSVP (both programs)

Liat at (904) 372-7996 ▪ walkers.beach@gmail.com
or Michelle at (904) 608-9049 ▪ mpomz@comcast.net