

# Jacksonville Hadassah

*invites you to participate in two special programs*



## Raising Jewish Children in Interfaith Families



Thursday, November 19  
7 - 9 PM

Vista del Mar Clubhouse  
2301 Costa Verde Blvd  
Jacksonville Beach

An interactive dialogue with  
Jewish parents and educators, led by  
Naomi Chase  
Michelle Jacobs McCormick  
and Liat Walker.

*Free and open to the community.  
Refreshments will be served.*

## EVERY STEP COUNTS WALK FOR ♥ HEALTH

Sunday, December 6  
10:30 AM - 12:30 PM

at the Wildlife Sanctuary Nature Trails  
University of North Florida • 1 UNF Drive

One in three women over the age of 20  
has some form of cardiovascular disease.



HEART DISEASE IS THE  
#1 KILLER  
of women worldwide

**BUT**

**82%**

of heart  
disease is  
PREVENTABLE

\$18 Registration includes t-shirt, water and snacks  
Every Step Counts is part of Hadassah's  
EVERY BEAT COUNTS Heart Health Initiative

## RSVP (both programs)

Liat at (904) 372-7996 ▪ [walkers.beach@gmail.com](mailto:walkers.beach@gmail.com)  
or Michelle at (904) 608-9049 ▪ [mpomz@comcast.net](mailto:mpomz@comcast.net)