

READ THE ENTIRE THING! THERE IS SOOO MUCH INFORMATION HERE!



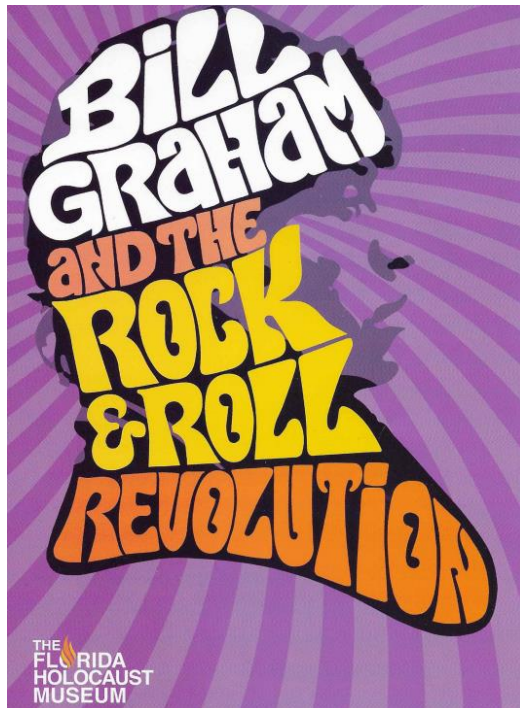
DECEMBER 2018/KISLEV-TEVET 5779
**Best wishes to you and your loved ones
for a Happy and Healthy 2019!**

Discover What Hadassah is About

The Lylah Pinellas Chapter of Hadassah hosts outreach events, programming activities, fundraisers, and engages in community service to enlighten and educate their members about Hadassah's mission domestically and internationally.

For more information, **[visit Hadassah's website](#)** .

**PLEASE JOIN US
for a Docent-Led Group Tour**



Florida Holocaust Museum
1st Avenue North and 5th Street South
St. Petersburg, Florida 33701

Wednesday, January 16, 2019

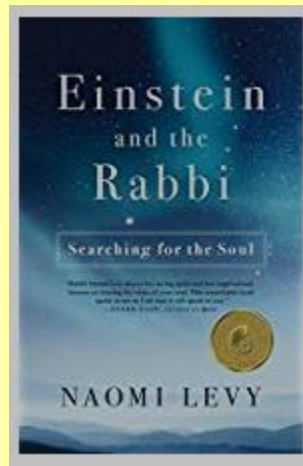
We'll meet for a "dutch treat" lunch
12:00 noon at
Acropolis Greek Taverna
515 Central Avenue
St. Petersburg, Florida 33701
followed by our tour at 2:00 PM.

Tour Tickets are \$18.00 each.
RSVP NO LATER THAN JANUARY 8

by calling Hazel Wolf at 813-417-9794 for
more information and payment instructions
or
by e-mailing Lylahevents@gmail.com
with the subject BILL GRAHAM RSVP.

**ANNOUNCING THE 2019
LYLAH PINELLAS HADASSAH
STUDY GROUP**

All are welcome as we discuss our 2019 pick:



First meeting will be
Thursday, January 3, 9:00 - 10:00 AM
at the home of Claire Stiglitz.
CONTACT: Claire.Stiglitz@gmail.com or 727-738-8471
for more information.

COMING UP

JANUARY 24, 2019

7:00 PM

at the home of Claire Stiglitz

Everyday Mindfulness Techniques With Rabbi Danielle Upbin

**Do you ever feel like you are on an emotional rollercoaster?
Feel impatient standing in line at the grocery store?
Annoyed with people you love, even when they are just kind
of "being themselves"?**

**In this session, we will explore and practice some "tried
and true" tools for dispelling inner stress and getting
through difficult moments. Consider these practice "on-
ramps" to the high road. They won't solve your problems,
but they will help you get centered enough to calmly
navigate those challenging moments.**

Contact Claire Stiglitz for more information or to RSVP:

Claire.Stiglitz@gmail.com or 727-738-8471

or

E-mail Lylahevents@gmail.com

with the subject **RABBI DANI JAN19 RSVP.**

SAVE THE DATE!

Sandee Rebel

will speak on the topic

**Women's relationship with food and femininity:
the facades that keep women from living
in true authenticity**

Wednesday, February 20, 2019
7:00 PM

at the home of Andrea Deutsch

More details to come!



**2019
MAHJONG CARDS
ARE NOW AVAILABLE!**

Please contact [Nan Shane](#) to place your order.

Thank you to Barbara Baccari and Robin Taylor for organizing Lylah's fundraiser for Breast Cancer Research at Hamburger Mary's. Check out the story and photo in the [Jewish Press](#).

****Giving Opportunitie\$****

To meet our chapter's fundraising goals, we need your help. As an annual giver, at any level, you sustain us, every day, every year. Experience the ease of being a recurring annual supporter; consider becoming a Keeper of the Gate or a Chai Society donor. Together, our impact is felt from the halls of Congress to the halls of Hadassah's hospitals. [Read More](#)

**** SEND A CARD! Hadassah sells beautiful cards for any occasion. Contact Nancy Bomstein, nancybomstein@me.com to purchase some today!**

Hadassah, the Women's Zionist Organization of America, Inc. (HWZOA) is the largest Jewish women's organization in the United States. With 300,000 members, associates and supporters Hadassah brings Jewish women together to effect change and advocate on critical issues such as medical care and research and women's empowerment. Through the Hadassah Medical Organization's two hospitals, the world-renowned trauma center and the leading research facility in Jerusalem, Hadassah supports the delivery of exemplary patient care to over a million people every year. HMO serves without regard to race, religion or nationality and earned a Nobel Peace Prize Nomination in 2005 for building "bridges to peace" through equality in medical treatment. For more information, visit www.hadassah.org

**Lylah Pinellas Chapter of Hadassah
2019 Board Officers**

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**Treasurer
Ilene Turker**

**VP Fundraising
Claire Stiglitz**

**VP Membership
Roni Igel**

**VP Programming
Cheryl Schwartz**

**VP Zionism
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**Communications / Records Administrator
Linda Wexler**

**Corresponding Secretary /
Cards & Certificates
Nancy Bomstein**

**Recording Secretary
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Associates Chair

Terri Tankel

**Keepers of the Gate /
Chai Society Chair
Monica DiGiovanni**

**Past President
Sally Laufer**

**Trustees - Members at Large
Natalie Feldman
Sabrina Smith
Robin Taylor
Hazel Wolf**

Would you like to volunteer?

**Send an e-mail to Lylahevents@gmail.com
with the header VOLUNTEER
and let us know your interest.**