

# Hadassah Summer 2016

## **Israeli Dance Classes June 14, 2016 through July 12, 2016**

Enjoy Israeli Dance Classes from beginner to advanced, all are welcome. Great time learning both traditional and modern Israeli Folk Dance taught by Marilyn Silverman. Classes every Tuesday from 6:30PM- 7:30PM at Congregation Rodeph Sholom 2713 Bayshore Blvd. Tampa, FL 33629 Donation: \$5.00 per class or \$20.00 for the series (per person). Sponsored by Tampa Ameet Chapter of Hadassah. Please call Michele Norris today to register at 407-790-5479!  
Limited availability

## **GIGGLE AS YOU JIGGLE! June 30th**

Ladies and gentle menfolk

You'll never forgive yourselves if you miss out on this flab-ulous program. Exercise Guru Marilyn Silverman will share her secrets to getting fit as we sit. Join your Hadassah friends at 7 P.M.  
Horizon Bay Hyde Park 800 W. Azeele St. comfortable clothes, suggested refreshments and laughter a promise RSVP Susie Magness 813.223.2160

## **"Mah Jong With the Mavens" July 17th and August 28**

11AM-4PM with lunch being served from 11AM-12PM. The cost to play is \$36.00 and will benefit the Hadassah Hospital Medical Organization. Horizon Bay 800 West Azeele Street, Tampa, FL 33606, RSVP call Marilyn Slater 205-612-7528 or email MarilynSlater@BellSouth.net

## **July Meeting, July 19**

Do you know the difference between Age Related Memory Loss and Alzheimer's? Want to hear about the risk factors for Dementia? How to distinguish between the different types of dementia? Join Hadassah as an outstanding panel of experts from The USF BYRD ALZHEIMER'S INSTITUTE and MENORAH MANOR'S ALZHEIMER'S UNIT share the latest techniques in diagnosis and care and answer your questions. Hosted Ellyne, Alissa and Stephane Myers in the Social Room of the Monte Carlo Condominium 3301 Bayshore Boulevard 7PM Friends Welcome RSVP spkanas@tampabay.rr.com 813/476-3289

## **3RD Annual BBQ By the Pool August 28th**

3:00 PM At the home of Iris Sandow 5309 Fishersound Lane, Apollo Beach  
This is a potluck event, so please let us know if you plan to bring a PARVE: Appetizer, Side Dish, Green or Fruit Salad, Dessert, or Drinks  
We will be supplying the sumptuous kosher meats, condiments and paper goods  
Guests are welcome RSVP by August 19 Iris Sandow 914.441.6036 or isandow@me.com Also, let Iris know if you want to carpool