



**HADASSAH**

the power of women who **DO**™

September 29, 2016

**Hadassah Vision: Building a world where our Jewish values in action create strong community and an enduring Israel.**

Dear Chaverim,

Summer is over and the High Holidays are quickly approaching. Every year we are instilled with hope, optimism and an opportunity to better not only ourselves, but the world around us.

“Yesterday is history. Tomorrow is a mystery. Today is a gift. That's why it's called the present.” We are meant to cherish the present. Participate in life today so that we are ever present in the future. Every second in a day is a piece of eternity to be lived with our eyes wide open.

Rosh Hashanah ushers in the Ten Days of Awe, culminating in Yom Kippur. According to tradition, it is during these days that God considers our actions and judges us. We are encouraged to take personal stock, by honestly evaluating the choices we have made over the past year and find ways for improvement. On Yom Kippur, it is fitting to remember that our Torah says that **deeds** are the primary currency of Judaism. Not faith, not meditation, not even worships. First bring your sick neighbor a bowl of soup. Then pray. But first, the soup.

**Thank you to all our volunteers for helping Hadassah make the future better and brighter for the world.**

**WAYS TO SUPPORT HADASSAH AND ITS MISSION: Be a part of HERSTORY.**



Your nominating committees should have finished the work of preparing the slate. Slates need to be published to your membership now and voted on in November.

### Lylah Chapter



Lylah Pinellas Chapter invites you to  
Brunch in the Sukkah

Thursday, October 20, 2016  
10 am – 12 pm  
1731 Hickory Gate Drive South, Dunedin



Please Bring a Dish to Share  
(A-G Fruit or Salad, H-P Entrée, R-Z Bread or Dessert)

RSVP to Terri Tankel  
emababayit@aol.com

### Jacksonville Chapter

The Fall Fashion Show & High Tea is this **Sunday, Sept. 18<sup>th</sup>** (2 p.m.) at Beth El the Beaches, 288 N. Roscoe Blvd. (call Bobbie Adler at [904.834.2948](tel:904.834.2948))

The September 27th kick-off luncheon date has been changed to Thursday, **October 27<sup>th</sup>** – you will be receiving a new postcard in the mail

**REGION BOARD MEETING AND WORKSHOP  
DECEMBER 10-11, 2016**

# Installation

*National Speaker: Diane Issenberg*

## The Basics

- ✚ The meeting will be held at The Tampa Marriott, Westshore.
- ✚ There will be a Dutch Treat Dinner for all who wish to join us at Blu Restaurant in the hotel. This is a great time to get to know your Hadassah friends in an informal setting.
- ✚ For those traveling long distance, rooms will be available for Saturday night stay.
- ✚ All rooms are double occupancy. If you prefer a private room, that can be arranged for a nominal additional fee.
- ✚ Mileage will be reimbursed at \$ .14 per mile for those of you traveling 30+ mile each way. Please bring your MapQuest printout for reimbursement. You will receive reimbursement at the end of the meeting.



- ✚ For those of you coming with a group we encourage you to rent a van and travel together. This can be included in your revenue share request for the 4<sup>th</sup> quarter.
- ✚ Outgoing board members come celebrate your new chapter leadership.
- ✚ Incoming board members come celebrate and learn. For those not attending a meeting on Saturday evening, come to the Region Suite for comradery, food and get to know Diane. Oh yes, there will be some fun activities and more food for your enjoyment. Don't go to bed too early!! **THE BEST STORIES and LAUGHS ARE SHARED HERE.** All newly elected executive officers for each chapter in the entire region, will be installed at this meeting.
- ✚ **Feel free to have a local chapter celebration when you get home**



Your Hadassah Medical Organization Update

read all about it at [myHadassah.org](http://myHadassah.org)

Hadassah Hospital Ein Kerem Ranked #1 in Quality Assurance

"Stunning Results" Continue with Hadassah's Stem Cell Treatment to Reverse MS

A WOMAN'S **RISK** OF BREAST CANCER

**DOUBLES** if she has a first-degree relative who has been diagnosed with breast cancer.

THERE IS A **10%** GREATER FREQUENCY of the BRCA gene mutation—which greatly increases chances of breast cancer—among **ASHKENAZI JEWISH WOMEN.**

Source: breastcancer.org | hadassah.org/breastcancercenter



The subject of Zionism is too important to rush through. Now you can enjoy Defining Zionism at your convenience. Speakers are filmed in several short (5 to 10 minute) segments. Each segment is a different topic. This means you can “binge watch” a speaker’s videos all at once, or a couple at a time.

Whenever you want to watch the videos, go to [hadassah.org/definingzionism](http://hadassah.org/definingzionism). You will also find an archive of previous speakers in the earlier Livestream format.



## Big News, Big Support: US Signs New Aid Package to Israel

On September 14, senior US and Israeli officials signed what the US State Department has called the "single largest pledge of bilateral military assistance in US history." The new aid package will provide Israel with \$38 billion in military aid over 10 years, an increase from about \$3 billion to \$3.8 billion a year.

Thanks to all of the Hadassah supporters who have written letters or made Day in the District visits urging your Congress members to strengthen the unbreakable bond between the US and Israel.

## Gaining Ground on GEM

Too many women do not get the preventive or urgent care they need, due to a lack of research, education, and awareness about women's health and gender health differences. Join Hadassah's push for Gender Equity in Medicine (GEM). Through our Day in the District program, Hadassah has now helped secure 10 congressional cosponsors — including two new ones! — for our priority legislation on women's health equity: The Research for All Act.



[www.hadassah.org/regions/florida-central](http://www.hadassah.org/regions/florida-central)



*G'mar Chatimah Tovah*

*Shabbat Shalom,*

*Susan*

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