

join us for a
heart♥throbbing
event

a woman's heart health symposium

Thursday, May 28, 2015
Birmingham Community House

FEATURED SPEAKERS



Pam Marcovitz, M.D.
Director of Ministrelli Women's Heart Center
Beaumont Hospital, Royal Oak



Rhonda Walker
Event Moderator
WDIV Morning News Anchor



Shalini Modi, M.D.
Chief of Cardiology
Henry Ford Hospital, West Bloomfield

See Back Cover for More Information

President's Message

Did you know heart disease kills more women than ALL forms of cancer combined? Did you know women's heart attack symptoms differ from men's, that research mostly focuses on the physiology of men, and that women are harder to diagnose than men? I didn't until last July at our National convention where I attended the session: Hadassah's Heart Health Program: Every Beat Counts.



Heart disease is a hot topic for me, a personal concern. You see heart disease runs in my family. In that session, I learned about the issues mentioned above. I heard a young woman tell her story. She was in her mid-30s, concerned about her health, visiting several doctors who found nothing wrong. Finally, a doctor conducted a series of tests and identified heart disease. She had triple bypass surgery. Today she is 48, active, and well.

It is important for us at all ages to learn the warning signs of heart disease FOR WOMEN. On Thursday, May 28, Hadassah Greater Detroit presents a

Women's Heart Health Symposium at The Birmingham Community House. Two prominent female cardiologists will speak on women and heart disease. We will learn about the new CPR techniques, how to use a defibrillator, the proven benefits of mindful thinking, enjoy a healthy lunch and more. Check out the invite in this issue.

Hadassah alerted me to, and educated me about, the signs of heart disease for women. What about you? Should YOU attend? Heart disease is declining in every age group BUT young women. This is not just a program for those "of age" to think about heart disease. It's for you, your friends and your family. You could save your life or the life of a loved one. Prevention begins with you.

I encourage you to join us,

Nancy

HELP CREATE THE HEADLINES

Join the editing staff

If interested contact the office:
248-683-5030

Hadassah Headlines

President: Nancy Bechek Bluth

Editors: Marcia Bednarsh, Rochelle Imber,
Sonja Kass, Shirley Robbins

Executive Director: Evelyn Diskin

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THE PERCENTAGE OF CONTRIBUTIONS RECEIVED BY THE CHARITY DURING THE LAST REPORTING PERIOD THAT WERE DEDICATED TO THE CHARITABLE PURPOSE MAY BE OBTAINED FROM THE ATTORNEY GENERAL OF THE STATE OF NEW JERSEY BY CALLING (973) 504-6215 AND IS AVAILABLE ON THE INTERNET AT www.state.nj.us/lps/ca/ocp.htm#charity. **NY:** You may obtain a copy of Hadassah's Financial Report by writing to the Hadassah Finance Dept., 50 W. 58th St., New York, NY 10019. **NC:** FINANCIAL INFORMATION ABOUT HADASSAH, THE WOMEN'S ZIONIST ORGANIZATION OF AMERICA, INC. AND A COPY OF ITS LICENSE ARE AVAILABLE FROM THE NORTH CAROLINA SECRETARY OF STATE, SOLICITATION LICENSING SECTION AT 1-888-830-4989. **PA:** The official registration and financial information of Hadassah, The Women's Zionist Organization of America, Inc. may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1(800) 732-0999. **VA:** A financial statement of the organization is available from the Virginia State Division of Consumer Affairs in the Department of Agriculture & Consumer Services, P.O. Box 1163, Richmond, VA 23218, Phone #1 (800) 552-9963, upon request. **WV:** Hadassah, The Women's Zionist Organization of America, Inc. is registered with the Washington Secretary of State. Financial disclosure information is available from the Secretary of State. The toll-free phone number for Washington residents is 1 (800) 332-4483. **WV:** West Virginia residents may obtain a summary of the registration and financial documents of Hadassah, The Women's Zionist Organization of America, Inc. from the Secretary of State, State Capitol, Charleston, WV 25305. **ALL OTHER STATES:** A copy of Hadassah's latest Financial Report is available by writing to the Hadassah Finance Dept., 50 W. 58th Street, New York, NY 10019.

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After a long, cold winter, the season has changed and spring is finally here! We all are invigorated, I hope, and enjoying the smells of freshly cut grass and flowers blooming. You may have noticed that there have been many changes at Hadassah, as well. Not only do we have a new "brand"...a new logo and a new tagline, but Hadassah's National office moved from midtown to downtown New York on March 18th. Everything is new and fresh at 40 Wall Street.

Many of the organization's computer programs will be updated. The website of both National and local units will be 'brought into the 21st century.' The program used for e-blasts is being changed to guarantee that everyone for whom we have an email address will get their emails. Social media sites are being added. We are eagerly waiting for these 'new and improved' programs that will make getting Hadassah information easier for the member and allow more efficient communicating from the local chapters.

We hope that these changes are all in place by the time you get this issue of the Headlines. Programs and events will be announced in the Headlines, on Monday Minders, on Facebook and by e-blasts that will be sent periodically. We hope that these improvements will help you stay connected to Hadassah, both locally, nationally and internationally.



Evelyn Diskin

Toddler ISIS Refugee is Recovering from Life-Saving Heart Surgery at Hadassah

JERUSALEM, ISRAEL - When her family fled the Islamic State terrorists in Northwestern Iraq, the chances that Maryam could have the life-threatening hole in her heart repaired was near zero. Today, however, the 18-month-old is recovering from life-saving heart surgery at Hadassah Hospital in Jerusalem.

"Her situation was very complex," explains Dr. Eldad Erez, Chair of Hadassah's Pediatric Cardiothoracic Unit. Her heart was pointed to the wrong side of her chest and her arteries were connected to the wrong chambers. In addition, because the surgery didn't take place when she was a baby, her lungs were compromised. "Normally the surgery would have been done at eight months," notes Prof. Erez, "but there is nothing normal in this story. I don't see more than one case like this a year."

Following eight hours of surgery, Maryam is in stable condition in the Pediatric Intensive Care Unit, with an "excellent prognosis," Dr. Erez reports.

Maryam's mother, Lena, who brought the child from her refugee camp to the life-saving care of Hadassah's health professionals, relates: "I can never thank you enough."

Lena and Maryam had made their way to Israel thanks to the Christian organization, Shevet Achim, whose representatives suggested she get to Hadassah and orchestrated the arrangements. "So many people speak Arabic here, and everyone is warm and supportive," Lena notes. "You have given my child a future. God bless you."

Canasta Tournament

Wednesday, May 20

6 p.m. Registration

6:45 Tournament Begins

Cash Prizes for Top Scorers

Sarah and Ralph Davidson Hadassah House
\$36

Registration deadline May 10

You may register as a group for non-tournament play
Let us know if you are playing non-competitive

Questions:

Robin Kaufman: rckbird@sbcglobal.net
Fran Heicklen 248-390-1024

NOTE: Please carpool as parking is very limited

Send check payable to Hadassah to:
Hadassah, 5030 Orchard Lake Road
West Bloomfield, MI 48323

Or call Hadassah with your MasterCard or Visa:
248-683-5030

Batter Up!

“Catch” a Tigers Game with
Eleanor Roosevelt Hadassah

“Slide” on down to Comerica Park

Sunday, June 14 • Game begins at 1:08 p.m.
Tickets - \$32 for covered upper deck seats

Provide your own
transportation to the stadium
R.S.V.P. by May 14 a must

Questions:
judithgoodman@comcast.net
or 248-626-1841

Send check payable to Hadassah to:
Judy Goodman, 7437 Stony River St.
Bloomfield Hills, MI 48301
Tickets will be mailed

Hadassah Day at the DIA Exhibit Diego Rivera and Frida Kahlo in Detroit

Tuesday, June 16

9:45 a.m. - 2:30 p.m.

Depart from Adat Shalom Synagogue

\$42 Per Person - Guests welcome
\$32 DIA Member (we need your membership #)

Includes:

Transportation
Admission to the exhibit
Docent talk

\$10 dining card for cafeteria

R.S.V.P. by June 2 Space limited

Questions:

Linda Sherr 248-851-7757
Send check payable to Hadassah to:
Hadassah, 5030 Orchard Lake Road
West Bloomfield, MI 48323

Please include DIA membership number if applicable

Tikvah Hadassah Presents Drums Alive

Tuesday, June 23 • 7:00 p.m.

Jewish Community Center - West Bloomfield
Health Club Entrance

\$12 Hadassah Members \$15 Non-members

Drums Alive combines traditional aerobic
movements and mental stimulation with the
powerful beat and rhythm of drums.
Anyone can do it and all ages are welcome!

R.S.V.P. by June 18 Space limited

Questions:

Barbara Charlip 248-481-9580

Send check payable to Hadassah to:
Barbara Charlip, 5035 Pheasant Cove
West Bloomfield, MI 48323

Hadassah on the GO **Shipshewana, Indiana**

June 29-30

Depart from West Bloomfield JCC 9:30 a.m.
TOUR INCLUDES:

Transportation
Overnight accommodation at Blue Gate Garden Inn
Dinner
Ticket to performance of "Josiah for President"
Hot breakfast buffet
Amish Buggy Ride, Barn Tour, Flea Market, Quilt Gardens

\$219 based on double occupancy
\$279 single occupancy

Deposit of \$100 due with registration
Balance due by May 23

Questions: Linda Sherr 248-851-7757

Send check payable to Hadassah to:
Hadassah, 5030 Orchard Lake Road
West Bloomfield, MI 48323

Cancellation Policy:

45 days prior - full refund
30-45 days prior - \$50 cancel fee
Less than 30 days - \$175 cancel fee

Tour with Hadassah **Home, Studio and Gardens** **of Julie Dawson**

Author, Artist, Photographer

Monday, July 13 • 10 a.m. or 1 p.m.

988 Gordon, Birmingham, MI
West off Southfield Road,
just north of Lincoln (1 1/2 Mile Road)
In a 2.5 hour program, Julie will also
demonstrate watercolor painting

\$10 per member Space Limited

Questions: Carol Ogusky 248-481-7512
To ease parking, please carpool
and park in the driveway

Send check payable to Hadassah
with your preferred time to:
Hadassah, 5030 Orchard Lake Road
West Bloomfield, MI 48323

Eleanor Roosevelt Hadassah **Anti-Semitism in Europe**

with

Professor Howard N. Lupovitch

Director of the Cohn-Haddow Center for
Judaic Studies, Wayne State University

Tuesday, September 1 • 7 p.m.

Sarah and Ralph Davidson Hadassah House
\$10 Members \$15 Non-Members

No charge for those who become a member
or upgrade to Life Membership at this event

Questions:

Bobbie: 248-546-4255 - blewis14140@gmail.com
Anita: photoowl@yahoo.com

R.S.V.P. by August 25

Send check payable to Hadassah to:
Bobbie Lewis, 14140 Sherwood St.
Oak Park, MI 48237

SAVE THE DATE **Keeper of the Gate Luncheon** **Wednesday, June 3**

Home of Marci Shulman

Chairs: Marci Shulman, Sherrie Stern, Susan Yorke

Speaker: Major Avi Benov, M.D.
Deputy, IDF Trauma & Combat Medicine Branch



SAVE THE DATE **Opening Meeting** **Tuesday, October 27**

Dr. Ruth will be our guest speaker

Spring Happenings



Roosevelt Brunch and Qi Gong with Nora Natan



Roosevelt Dancing Through the Decades Committee



Tikvah at the Schokolad Chocolate Factory



Tikvah Brunch and Film "The J Street Challenge"

The Power of Women to Advocate

Hadassah has had a long history of influencing the hearts and minds of legislators because of our deep and sustained commitment to issues that address the well-being of women.

These are Hadassah's New Priorities for Advocacy

Under the umbrella of "Women, Health & Family," Hadassah is pursuing new and exciting initiatives on the issues of gender disparity in medical research, women's preventive health, affordable child care, and human trafficking.

1. Gender Equity in Medical Research

A multitude of diseases are often misdiagnosed or overlooked entirely in women, because medical research, diagnostic tools, and treatments are frequently based on male physiology.

Hadassah created the Gender Equity in Medical Research Initiative to help ensure that medical treatments benefit women and men equally.

2. Women's Preventive Health

Four in ten women are unaware of the preventive health services that are now available to them under the new health care law.

Raising awareness about the availability of these services, including annual well-women visits, will improve the health of women. Hadassah supports a national public awareness campaign proposed by the Women's Preventive Health Awareness Campaign Act.



Evening with Marcie Natan, President National Hadassah and David Pasternack, Chief Development Officer

3. Affordable Child Care

A lack of access to quality, affordable child care is a major barrier to work-life balance and financial stability for women and families.

For poorer families, child care can cost up to 55% of the family income. Hadassah urges Congress to act on legislation to help ease the financial burden on families who seek access to high quality care for their children.

4. Combating Human Trafficking

Tragically, slavery remains a modern-day reality for an estimated 27 million people worldwide—more than any other time in history.

Hadassah encourages its members to contact their legislators, to pass legislation that supports victims of both sex and labor trafficking, and penalizes all those profiting from the trafficking enterprise.

YOU can influence policies that affect the Jewish community in the US and Israel. Become part of Hadassah's 50-State Advocacy Network today, sign up for our Advocacy Alerts, make your voice heard. Put your Jewish values into action and help us build a healthier, safer and more equitable world. Go to <http://www.hadassah.org/advocate> for more information and to sign up.



Greater Detroit Past Presidents with Marcie Natan, National President

Every Step Counts

“Simple changes in terms of physical activity can prevent a very large percentage of heart disease.”

This quote is from Harvard-trained cardiologist Dr. Donna Zfat-Zwas, Director of Hadassah Medical Organization’s Wellness Center for Women. “Every Step Counts” is a U.S. initiative that educates, engages, and empowers women to live healthy lifestyles by learning symptoms and prevention tips for women’s heart health. A woman is ten times more likely to die of a heart attack than breast cancer.

You are invited to walk a virtual route from Hadassah’s NY headquarters to Hadassah Hospital in Jerusalem. Challenge yourself, your family & friends to take real steps to a healthier life. All you need is a pedometer or a smart phone, comfortable shoes and a commitment to get yourself moving. There is a challenge level perfect for you. Even ten minutes a day can change your life. Learn more and sign up today at: <http://www.hadassah.org> and look for *Every Step Counts*.

Linda Sherr
Education Vice President

Hadassah Greater Detroit Supports MI LEAD

Hadassah has a long history of supporting safe, quality and comprehensive healthcare for women. Recently, a disturbing trend has taken shape across our nation – these rights are being challenged by legislators, policy makers and business leaders.

The Executive Board of Hadassah Greater Detroit has voted to support MI Lead, a coalition of groups that will make sure our rights as women are strengthened. Some of the other groups in this coalition are ACLU of Michigan, NCJW, NOW of Oakland/Macomb/Wayne Counties, AFL-CIO and American Association of University Women of Michigan.

To learn more about MI Lead, check the website www.MILead.com. If you would like to represent Greater Detroit Hadassah at MI Lead meetings, please call our Hadassah office and let us know.

Fran Heicklen
*Communications & Marketing
Vice President*

Hadassah International News Hadassah Receives a \$6.5 Million Research Grant

Hadassah received a \$6.5 million grant to create a Translational Medicine Institute for Medical Research. The grant comes from the Wohl Legacy Foundation in the United Kingdom. Acting Director General of HMO, Prof. Tamar Peretz, traveled to London to participate in the awards ceremony. The new Wohl Center for Translational Medicine at Hadassah will look into how diseases begin and progress, the development of drugs for specific diseases, and how individual patients benefit from different treatments and drug regimens. Physicians/researchers will especially focus their work on cancers, multigenes, Parkinson’s disease, ALS and other degenerative diseases.



“BG” HONORED

Recently as part of the National Board/Regional Presidents Mission, Barbara Goldstein, deputy director, Hadassah office in Israel and a former National board member, was surprised by the naming of an avenue in Meir Shfeya Youth Village. She was honored for fifty years of devoted service to the village and Youth Aliyah.

“BG” standing between Jeffrey and Shirley Robbins at the Sarah Wetsman Davidson Hospital Tower in Jerusalem

A Hadassah Keeper of the Gate Keeps Us...

Healing the sick and saving lives...

HMO conducts ground breaking research and treats 1,000,000 patients annually without regard to race, religion or nationality.

Raising awareness of women’s health issues...

Every Beat Counts: Hadassah’s Heart Health Program, teaches women about heart disease, the #1 killer of women, and how to make healthy choices for themselves and their families.

Advocating in courts of law, in the halls of Congress, and at the United Nations...

Women nationwide are empowered to lead, learn and advocate for women, families and the Jewish community and Israel.

Keeper of the Gate Levels of Giving

Traditional Keeper:

\$1,000 - \$1,799 annual gift to Hadassah

Chai Keeper:

\$1,800 - \$4,999 annual gift to Hadassah

Golden Keeper:

\$5,000+ annual gift to Hadassah (accorded all honors given to a Hadassah Major Donor)

Young Keeper:

45 years old and under may donate \$500 the first year; \$750 the second year; and \$1,000 each year thereafter. To be a Golden Young Keeper, it is \$2,500 the first year; \$3,600 the second year; and \$5,000 each year thereafter.

Both women and men are invited to participate.

Calendar of Events

May

- 17 Walk for Israel
- 20 Canasta Tournament
- 24-25 Shavuot - Office Closed May 25
- 25 Memorial Day
- 28 Heart Health Symposium

June

- 14 Roosevelt at Detroit Tigers
- 16 DIA Trip
- 23 Tikvah Program - Drums Alive
- 29-30 Trip to Shipshewana

July

- 3 Office Closed
- 13 Home and Garden Tour

September

- 1 Roosevelt - Anti-Semitism in Europe
- 7 Labor Day - Office Closed
- 13 Erev Rosh Hashanah
- 14-15 Rosh Hashanah - Office Closed
- 22 Erev Yom Kippur - Office Closes at Noon
- 23 Yom Kippur - Office Closed
- 28-29 Sukkot - Office Closed

Mission Statement

Hadassah Greater Detroit, the Women’s Volunteer Zionist Organization of America, is a positive force in the Jewish and Greater Detroit Communities. It fosters Jewish values and identity, promotes health awareness and provides personal growth for its members through educational, spiritual, social and community service opportunities. A strong connection to Israel is maintained through the support of healthcare, research, education and social services.



GirlForce at Hillel Day School

Members of Hadassah Greater Detroit recently held a GirlForce program with sixth grade girls at Hillel Day School. Forty girls and ten Hadassah volunteers participated. GirlForce is a Hadassah program for girls to instill positive self image and Jewish values.

The students worked in groups on yoga, Pilates, kickboxing and cardio-activities. Breakout sessions covered nutrition, Jewish values and body image. Everyone had a great time.

GirlForce sessions will also be held at Camp Tamarack in the summer.



Lauren Sofen leads GirlForce at Hillel Day School



Roosevelt at Yad Ezra



Roosevelt at Forgotten Harvest

When you become a member of Hadassah, you put Jewish values into action, advance the health and well-being of people worldwide, advocate for change, and build community in the US and Israel.

BECOME A LIFE MEMBER TODAY FOR \$212 AND EFFECT CHANGE

Offer valid through December 31, 2015.

Information:

248-683-5030

HADASSAH THE WOMEN'S ZIONIST ORGANIZATION OF AMERICA, INC.



HADASSAH MEMBERSHIP TURNS JEWISH VALUES INTO ACTION

It ties you to over 330,000 Members, Associates and supporters - now that's power.

Power in every congressional district that allows you to advocate for women's issues.

Power that educates and strengthens Jewish life in America.

Power that enables Hadassah to build bridges to peace with world-class health care.

Power that supports humanitarian efforts around the world.



Tribute to a Great Lady

Greater Detroit Hadassah mourns the loss of my close friend of many years and former Chapter President, Leah Snider. Involved in every aspect of Hadassah's work, she was a brilliant fund-raiser and I was privileged to co-chair many events with her. She was the recipient of countless awards representing her work in the community, one of which was the "Heart of Gold" medal. Her love and generosity for family and friends was constant.

"There are individuals whose memory light the world after they have passed from it!" A salute to the memory of our dear Leah!

Phyllis Newman
Past Chapter President

New Annual Members

Joan Climie
Bonnie Loranger
Nora Sasson Natan

New Life Members

Marni Adler-Rogers	Lorraine Levy
Talia Block	Rachel Ann Miller
Barbara Cohn	Amy Peterman
Diane Culik	Lulu Sklar
Nancy Hoffrichter	Stella Steinbock
Shoshanna Kleiman Garber	Sheila Stone
Amanda Lasser	

Our sincerest condolences to the families of the following members who recently passed away

Ida Bader	Doris Novetsky
Ella Berman	Charles Perlman
Bette Borin	Sharon Rakotz
Joann Chalot	Estelle Robinson
Gladys Cifelli	Dora Rowe
Clara Cook	Rosalyn Schwartz
Irene Eagle	Selma Schwartz
Shirley Fink	Esther Siegel
Pearl Forst	Leah Snider
Florence Gaynes	Jennie Taylor
Carol Isaacson	Paula Urbach
Esther Katz	Deanna Weisman Rose
Reva Krause	Evelyn Wishnetsky
Sara Manson	Dolores Wolff
Edna Minkin	Maureen Zack
Evelyn Noveck	

Hadassah Greater Detroit

5030 Orchard Lake Road
West Bloomfield, Michigan 48323-2752

Tel: 248-683-5030 • Fax: 248-683-1139

Website: www.detroit.hadassah.org

E-mail: greaterdetroit@hadassah.org



a woman's heart health symposium

Thursday, May 28th | 10:00 a.m. to 2:15 p.m. | Birmingham Community House

Optional Walk | 9:15 a.m.

Meet at Front Door of Birmingham Community House

Registration | 10:00 a.m.

Symposium Begins | 10:30 a.m.

Featured Speakers | 10:45 a.m.

Julie Feldman MPH - Registered Dietitian | 11:45 a.m.

Lunch | 12:15 p.m.

{Tennis & Golf Company Clothing Informally Modeled by Hadassah Members}

Breakout Sessions | 1:00 p.m. - 2:15 p.m.

30 Minutes Each Session

HELP
EMERGENCY
*CPR & Defibrillator
Demonstrated by
Certified AHA Nurses*

MIND-BODY MEDICINE
Stress Reduction
for Heart Health
*Gail Elliott-Patricolo
Beaumont Health*

\$45 covert

 Healthy Lunch Included

Sign up online: hadassah.org/events/whh or by calling the Hadassah office: 248.683.5030 by May 19th

Every Beat | Every Bite | Every Step . . . Counts
Co-Chairs: Joan Epstein, Carol Ogusky and Shirley Robbins