



Houston Chapter of Hadassah NEWS & VIEWS

Iyar/Sivan 5777

May, 2017

HADASSAH KICKS OFF *BREAST STROKES* PROGRAM WITH “PAINT DAY”

Women’s Torsos Painted and Photographed as Works of Art to Benefit Breast Cancer Research



The Houston Chapter of Hadassah is excited to kick off *Breast Strokes: Hadassah Bares All for A.R.T (Awareness, Research, and Treatment)*. New to Houston, this unique program blends the interests of the art, medical and local Houston communities, beginning with *Paint Day*. On June 25 a group of women, including some breast cancer survivors, will gather at the Jewish Community Center to volunteer to have their torsos painted and photographed for a future art auction that will raise money for breast cancer and genetic research programs at the Hadassah Medical Organization (HMO) in Israel, and for breast cancer education, advocacy and prevention in the United States. *Paint Day* will be graciously sponsored by Bellaire Dermatology and Meyerland Animal Clinic.

The *Breast Strokes* program will culminate with *The Big Reveal*, a creative evening of art, music, cocktails, and hors d’oeuvres on October 22 at The Citadel. There, the Houston Chapter of Hadassah will auction the painted torso works of art and honor Dr. Jenny C. Chang, the Director of Houston Methodist Cancer Center and Emily Hermann Chair in Cancer Research. Dr. Chang’s clinical research aims to evaluate novel biologic agents in breast cancer patients. Former Houston Chapter of Hadassah presidents and tireless Hadassah devotees, affectionately known as *The Fab Five*, will also be honored. *The Fab Five* includes Lynn Goldberg, Barbara Horwitz, Carolyn Plessner, Marlene Rosenthal, and Annette Sondock.

Hadassah is seeking volunteers to be painted for this important cause. If you can help, please contact Hadassah at houstonbreaststrokes@gmail.com or 713-661-1022 by May 26 to sign up. Hadassah is looking for sponsorship leads, volunteers to work the event, volunteers to be models for *Paint Day*, artists to paint the models and artists to donate original works of art to the auction. Email event co-chairs, Allison Levine & Melissa Poteet at houstonbreaststrokes@gmail.com for questions, to volunteer or to pass on any ideas!

The event will be chaired by Allison Levine and Melissa Poteet, and the art auction will be chaired by Julie Handel, Debbie Gersh and Melissa Horn. Multi-level sponsorship opportunities are available for *The Big Reveal* event on October 22.



Melissa Poteet & Allison Levine
Event co-chairs

GROUP MEETINGS

Avital - For group info email, howglad13@aol.com.

Aviv - For group info email Avivhadassah@gmail.com.

Chagall - Thurs., May 11 at 7:00 pm, place TBD. Herut Gez, Houston Shli-cha. RSVP to marcchagall-hadasah@gmail.com.

Chai - For group info call Judi Payne, 281-353-1303.

Anne Frank - Thurs. May 18 at 10:30 am at Carol Simon's, 10914 Roaring Brook Ln. The Honorable Bonnie Crane Hel-lums, Retired Senior District Judge, 247th Family Court will discuss "When Extreme Tsuris becomes Mazel." Lunch hosted by AF "chefs". RSVP to Paulette by May 12, 713-827-7227 or plevine300@aol.com.

Kinneret - For group info email Karen Taylor, kltaylor@myway.com.

Lazarus - For group info email Harriet at harriete1@aol.com.

Leff - For group info call Hope Malowitz, 713-663-6688.

Ma-Arav - For group info email Cheryl Bernstein, Cheryl.bernstein@att.net.

Machar - For group info email Sandye Fertman, sanditaf@gmail.com.

Mazal - For group info email yaffatx@gmail.com.

Pearl - For group info contact Bonnie Winograd, 713-668-5789.

Szold - Wed., May 10 at 11:00 am at Myrna Fisch's, 8206 Greenbush St., 77025. Annual Linen Shower, with donations going for linens at Hadassah Hospital. Sandra Smith, Houston Chapter President will speak about Hadassah's projects, and entertainment will be provided

PRESIDENT'S COLUMN



Sandra Smith

Early in April I attended Date with the State in Austin with other leaders from the Greater Southwest Region. We heard informative speakers who educated us on how to be an advocate, received handouts about Hadassah's advocacy initiatives. Best of all, we got to present our case with our elected officials or their aides. This was my third experience with DWS and each time I learn something new about how things get done in Austin. We were coached as to how to introduce ourselves and follow up with a statement such as "as your constituent I appreciate the chance to meet with you to discuss...." It occurs to me each time I participate with DWS that I, like many of you, don't take the time to be current on issues that impact us close to home, and that I, like many of you, don't let my elected officials know what I think about issues that are important to me.

Last year Hadassah announced a new domestic advocacy agenda. Drawing on our expertise in health research, women's rights advocacy and grassroots mobilization, the new domestic advocacy agenda provides a multitude of opportunities for the Hadassah community to bring about substantive policy change. Under the umbrella of "Women, Health & Family," Hadassah is pursuing new and exciting initiatives on the issues of gender disparity in medical research, women's preventive health, affordable child care and human trafficking. Hadassah is in the unique position to educate U.S. legislators and the American public on these issues, and advocate for lawmakers and officials to enact meaningful policy change. Let your voice be heard in Austin. Voice your opinions to your representatives and congressmen before they vote our choices and our rights away.

Even though women are often at the center of the healthcare decision-making process for their entire families, women have been both under-informed – and sometimes even misled – about their own health. While in Austin, we learned of a bill that would have allowed physicians to withhold critical medical information from expectant mothers. Although this was defeated, the fact that it was even considered demonstrates how vigilant we, as women, should be in this political climate. Additionally, here in Texas, there are increasingly more difficult hurdles for women to receive the health information and treatment they might need when planning their families.

On another topic, more and more we are learning that women's health symptoms and treatment are often different than men's. The Federal Drug Administration is responsible for approving all new pharmaceutical drugs that are sold and distributed in the U.S. Typically, after multiple phases of clinical trials and scientific evidence that a new drug or medical

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Send all information to :
Glenda Danburg Waldman
E-mail: irglenda@aol.com

GROUP MEETINGS

by singer Jan Ross. Sonia Raizes and Myrna Fisch, invite us to be their guest for a special dairy lunch. RSVP to Sonia, 713-668-6121 or Carol, 713-726-8745.

Wise - For group info call Roz Saron, 713-961-5322.

Weizmann - For group info call Joann Greenbaum, 713-721-9717.



NEWS&VIEWS

WILL RETURN IN
SEPTEMBER

HAVE A GREAT SUMMER!

YOUR EDITOR
GLENDA DANBURG WALDMAN

CHARITABLE SOLICITATION DISCLOSURE STATEMENT

Hadassah, the Women's Zionist Organization of America, Inc. 40 Wall Street, NY, NY 10005. Telephone number 212-355-7900. A copy of Hadassah's latest Financial Report is available by writing to the Hadassah Finance Dept., 40 Wall Street, NY, NY 10005. Registration does not constitute or imply endorsement, recommendation, approval or sanction by any state/county.

HADASSAH MEMBERSHIP

As a member of Hadassah, you join with of thousands of women world-wide who have connected not only to Israel in practical ways, but have also connected here in America to advocate for social change. The Houston Chapter has 15 groups in the greater Houston area stretching north from the Woodland area all the way south to Clearlake and Friendswood. We have day and night groups, weekend groups and groups of varying ages and interests. To find the perfect group for you, go to www.houstonhadassah.org.

"Make an Impact" and continue the work Hadassah has been doing for over 100 years. To become a Life Member, send a check made out to Hadassah for \$250 to Hadassah, 24 Braeswood Square, 77096. Annual membership is \$36.

Project Connect Locally – if you are a member of Hadassah in Houston but affiliated with a chapter or group elsewhere, Hadassah encourages you to transfer your membership to one of the 15 Houston groups. You can connect locally and enjoy interesting programs, exciting activities or just meet other individuals who share similar values and interests.

For more information about membership and about our groups, contact Membership VP Rose Marie Wagman at rosemariewagman@gmail.com.

HADASSAH



ADVOCACY

HOW TO BECOME AN ADVOCATE FOR ISRAEL

Three easy steps:

1. Go to www.hadassah.org
2. Click on "take Action" found in the center of the red band at the top of the page.
3. From the options provided, click on "Become an Advocate." Provide your name and address.

PRESIDENT'S COLUMN

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technology is safe and effective, the FDA approves it for public use. It would make sense that both men and women participate in clinical trials that are needed for FDA approval. Unfortunately, it doesn't always happen that way. In fact, women represent only one-third of participants in cardiovascular clinical trials, meaning that many drugs and devices were approved without knowing how they would work for women or what the side effects might be. This under-representation of women in medical research is not only inadequate but sometimes downright dangerous.

Hadassah urges you to join us in educating our policy makers and the public and advocating for Congress to support women's health and our rights. Whether you participate in Date with the State, or Day in the District, whether you sign up for info on Hadassah's National Action Center, or whether you directly contact your elected officials, let your voice be heard. After all, we are "Hadassah: The Power of Women Who Advocate."

SCENE AT ...



GREATER SOUTH-WEST REGION & STATE CAPITOL VISIT (ABOVE & LEFT)



ANNE FRANK (ABOVE & RIGHT)



TRACI ESSE'S AT HADASSAH HOSPITAL IN ISRAEL



MEEK STUDIO AUCTION GIFT



Got some time? Want to get more involved with Hadassah and meet really great ladies? Hadassah needs you! We are looking for someone to help our 2017 Membership VP, Rose Marie Wagman. You would need to stop by the office once a week or so to process new member information and send it on to National. You should be able to input information into a Google directory to do this job. If you can help let Sandra Smith or Robin Dorfman know at 713-661-1022.

Find us on Facebook

Be sure to "friend" and "like" the Houston Chapter Facebook page. To do so go to the link: https://www.facebook.com/The-Houston-Chapter-of-Hadassah-53483181577/?notif_t=page_invite_accepted-if_id=1493399350892908



CELEBRATE THE DAY SUNDAY, MAY 14

HADASSAH MEMBER SPOTLIGHT BARBARA BRONSTEIN OF “SECOND SERVINGS”



Barbara Bronstein

Tell us a little about yourself. I grew up in Long Island, and moved from NYC to Houston for career advancement over 30 years ago. I retired from a career in consumer marketing, and in 2014 founded a prepared food rescue organization called Second Servings of Houston. My husband, Martin, and I have one son, Matthew, who is 24.

How did you get involved with Hadassah? In 2005, I was a guest at Hadassah's "Women of Courage" luncheon, where a cancer survivor and neighborhood friend was the guest speaker. After learning about the organization's outstanding work, a friend encouraged me to join her Hadassah group so I could meet other Jewish women, since I didn't know many in Houston at the time. I really enjoyed the enlightening programs and camaraderie at the monthly meetings, and wanted to play an active role. Although Second Servings has cut into my ability to be as active as I once did, I still try to attend every meeting and assist whenever I can.

What is it about Hadassah that resonates with you? Hadassah strikes me as an oasis of peace in an otherwise turbulent Middle East. Diversity reigns and medical research and breakthroughs abound that can potentially help people around the world.

Share something you would like people to know about you My very first food rescue was from the Hadassah "Women of Courage" luncheon in February 2013. I still get goose bumps thinking about how the audience broke into thunderous applause, when the host announced that the surplus food from the event was being donated to feed people in need. I knew at that moment that I wasn't the only person who hated seeing good food go to waste. I had no idea how far it would go.



We have moved into our new office at 24 Braeswood Square but still have some items we'd like to purchase for our space to make it more functional and attractive. If you would like to gift the Houston Chapter with some of the items needed, please let us know by calling the office, 713-661-1022. This would be considered a gift for the Chapter and not a donation to Hadassah.

Item needed:	Estimated cost
Window treatments – miniblinds	\$560
Window film	To be sourced
6 to 8 stackable, armless chairs for the conference room – ex: Comstock bonded leather, 4/\$202.79 or something similar	\$405.58 from Target
Large floor mat for front door entry – ex: 6'x8' Blue Hawk rectangular door mat in charcoal	\$29.99 from Lowe's
Cabinet for bathroom area for storage	\$100 to \$250 to be sourced
Toaster oven – ex: Cuisinart Deluxe convection/toaster oven	\$159.99 from Bed, Bath, & Beyond
Television for main room for video trainings/conferences	\$500 to \$800; Will shop sales from Costco
Television for multi-purpose room for video trainings/conferences	\$500 to \$800; Will shop sales from Bed, Bath, & Beyond
2 square card tables	\$55 each from Bed, Bath & Beyond

And a huge thank you to Linda Chess for gifting our office with a microwave for the breakroom. We really appreciate the gift.