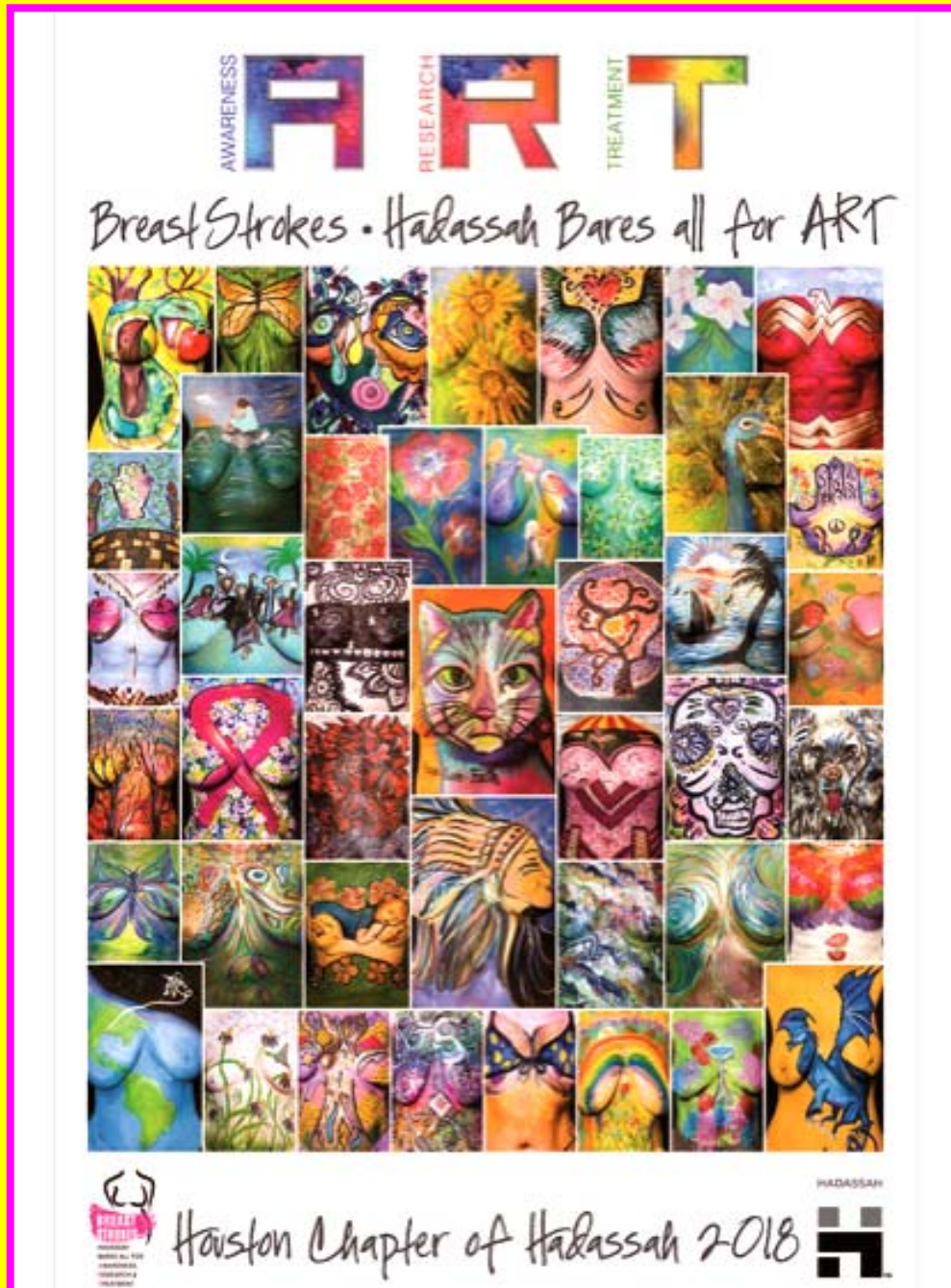




Houston Chapter of Hadassah **NEWS & VIEWS**

Shevat/Adar 5778

February, 2018



AVIV • AVITAL • MARC CHAGALL • CHAI • ANNE FRANK • KINNERET • EMMA LAZARUS • ANNIE LEFF • MA-ARAV
MACHAR • MAZAL • PEARL • HENRIETTA SZOLD • CHAIM WEIZMANN • STEPHEN S. WISE

PRESIDENT'S COLUMN



Debbie Angel

Just because February is the shortest month of the year doesn't mean it's the slowest. There is lots going on in our Houston Chapter. February has only 28 days in 2018, but it begins with a frightening anniversary and it ends with Hadassah's favorite holiday – Purim. February 2, 1933 was the day of the Reichstag fire in Berlin. Germany's government representatives met in the building, which erupted in flames overnight. The Nazis used the fire as a pretext for eliminating political opposition and curtailing civil liberties. Jews were blamed and the methodical process of scapegoating certain minorities led inexorably to the horror of the Holocaust.

But only a few weeks later comes the joyous holiday of Purim. You have probably heard the story about how Henrietta Szold told the ladies in her study circle about her 1910 trip to Ottoman Empire controlled Palestine and about the need for a definite project for the women to tackle. Their purpose was to be "The promotion of Jewish institutions and enterprises in Palestine and the fostering of Jewish ideals." The evening of February 24, 1912, in the vestry of Temple Emanu-El in New York City, the "Daughters of Zion" founded what would become the international organization we all belong to now. Because it was the season of Purim, the ladies adopted the Hebrew name of the biblical heroine Queen Esther – Hadassah. *Aruchat bat Ami* (Jeremiah 8:22), the Healing of the Daughter of My People, became our motto.

This year, February 24 is on a Shabbat. One hundred six years later, Purim begins the evening of February 28, so we should all wish ourselves *Yom Holedet Sameach*, Happy Birthday! February 19 is Presidents Day across America. I want to call it Past Hadassah Presidents' Day in honor of all the women before me who have held my job as President of the Houston Chapter of Hadassah. Without their intelligent guidance and self-sacrifice, our chapter might not have achieved what we have in all these years. In fact, I want to call them our "Past Perfect Presidents" and send them all a heart-felt *todah rabah*, thank you for your leadership.

Speaking of heart-felt, you've probably seen ads for Heart Month lately. I hope you have been eating heart healthy foods. If you need some help on that, [Every Bite Counts: Hadassah's Nutrition Program](#), has some great online ideas for you. Anyone can check that page for the library of nutrition resources to help eat healthier.

Hadassah Medical Organization's Heart Institute has created two programs to foster innovators of the future. The ICI, or Innovations in Cardiovascular Interventions, initiative has mounted an international conference devoted to innovations in cardiovascular medicine since 2006. One popular session dealt with the steps involved in the invention of a biomedical device and the issues involved in bringing it to market. In addition, a year-long course in Bio-Design Innovation at the Hebrew University allows graduate students to participate in the development of innovative devices or systems. After four years of the course's existence, seven of the final projects have produced marketable devices, or are in late stages of testing.

Finally, here's a Jewish factoid for you. Remember the *Maine*? Well, the *USS Maine* was sunk in Havana Harbor on February 15, 1898. Many Jewish sailors aboard perished. The ship's Executive Officer was Adolph Matrix, a Jew, who later became a Vice Admiral in the U.S. Navy. Now you'll never forget the *Maine*. I hope to see each and every one of you at a meeting this month.

B'Shalom,
Debbie

March News and Views Deadline: February 15, 2018

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GROUP MEETINGS

Anne Frank - Thurs., Feb. 8 at 10:30 am at Jill Zwahle's, 11922 Kimberly Ln. Jacqueline Smooke of Elijah Rising and John Clark, father of his kidnapped teen daughter, will speak about Human Trafficking, modern slavery. Lunch costs \$14. Your check to Anne Frank and mailed to Betty Babendure 1559 W. Sam Houston Pkwy South, Houston, 77042 by 2/2 is your reservation.

Lazarus - Sun., Feb. 11 at 3:00 - 5:00 pm. at the Crime Stoppers Building, 3001 Main St. Crime Stopper Hands-on Self Defense Workshop. Wear comfortable clothes. Spouses and significant others and guests are welcome. RSVP to ellenl@comcast.net.

Lazarus - Wed., Feb. 21, between 12:30 and 2:00 pm at Fadi's, 4738 Beechnut. Lunch With Lazarus get-together. Pick up food of your choice and join us for good conversation!

Mazel - Mon., February 12 at 11:30 am at Bagel Express, 4670 TX-6. Lunch & Learn. Please RSVP so Bagel Express will have enough tables for us.



CHARITABLE SOLICITATION DISCLOSURE STATEMENT

Hadassah, the Women's Zionist Organization of America, Inc. 40 Wall Street, NY, NY 10005. Telephone number 212-355-7900. A copy of Hadassah's latest Financial Report is available by writing to the Hadassah Finance Dept., 40 Wall Street, NY, NY 10005. Registration does not constitute or imply endorsement, recommendation, approval or sanction by any state/county.

HADASSAH MEMBERSHIP

"WE GOT THE POWER, DO YOU?"

Want to be a guest on a Hadassah Mission to New York or Israel? This is your chance to win a free trip! Enroll as a new Hadassah Life Member from now through April 15, 2018. Write a paragraph (maximum 100 words) on what "The Power of Women Who Do" means to you. Hadassah judges will review and select five winners. See official rules at: Hadassah.org/experiencethepower.

For information about membership and more detailed information about our groups, contact Membership VP Rose Marie Wagman at: 281-497-7254 or rosemariewagman@gmail.com.

SCENE AT... HOUSTON CHAPTER INSTALLATION



Pictured above (L-R) Sharon Maloney, Mady Kades, Barbara Bronstein, Vicky Dyer-Smith. Lena Malacoff and Sandra Smith.



Debbie Angel

Houston Chapter Installation was a lovely event! Thanks to chairs, Sharon Maloney & Vicky Dyer-Smith, for planning a delightful afternoon, and Mady Kades for opening your magnificent home to us! We are so proud of our now Past President, Sandra Smith, for leading us so admirably the past two years and look forward to Debbie Angel's tenure.

Sandra presented the Chapter National Leadership award to Lena Malacoff, and we heard Barbara Heitman Bronstein's inspiring story of creating Second Servings of Houston, bringing prepared food to those in need. Mazel Tov to all of the newly installed Houston Chapter Board!

SCENE AT...



*ANNE FRANK INSTALLATION & LUNCHEON
(ABOVE & RIGHT)*



**PLEASE SEND AN UPDATE OF YOUR ADDRESS
NEW OR TEMPORARY TO THE HADASSAH
OFFICE AT RDORFMAN@HADASSAH.ORG**



*HADASSAH WOMEN AT
JEWISH FEDERATION'S
COLLAGE*

I am proud to fight the No. 1 killer of women – Heart Disease.

inspire hope strength shout louder amazing thriving passion

Go Red for women

Surviving harder inspire amazing For Women

The Go Red logo is a trademark of AHA. Red Dress logo is a trademark of DODS.

 Find us on Facebook

Be sure to “friend” and “like” the Houston Chapter Facebook page. To do so go to the link: https://www.facebook.com/The-Houston-Chapter-of-Hadassah-53483181577/?notif_t=page_invite_accepted&_if_id=1493399350892908

It's time to step it up!

Our Heartfelt Thanks!

The first 300 donors who **STEP UP** to Annual Giving or who increase their gift by a minimum of \$180 will receive a complimentary Heart Necklace.* Did someone encourage you to **STEP UP**? Guess what — they get a free necklace too!

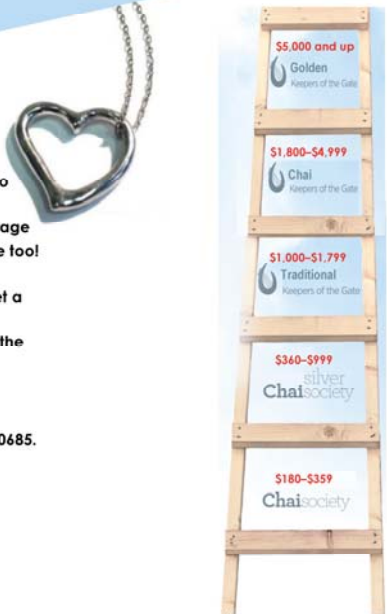
Already at your maximum giving level? You can still get a free necklace by using your powers of persuasion to educate and recruit someone who would like to climb the ladder of giving!

THE SKY'S THE LIMIT!

To participate, please call Donor Services at (800) 928-0685.

HADASSAH

***DON'T DELAY!**
One necklace per person
While supplies last



- \$5,000 and up Golden Keepers of the Gate
- \$1,800-\$4,999 Chai Keepers of the Gate
- \$1,000-\$1,799 Traditional Keepers of the Gate
- \$360-\$999 silver Chai society
- \$180-\$359 Chai society

SCENE AT... BREAST STROKES



JOIN THE EMMA LAZARUS GROUP AT A NEW MONTHLY MAH JONGG GAME

The first get-together will be on Monday, February 12. The games will start at 1:00 pm. You are encouraged to come early to order your food and grab a table. The games will be at Cafe Express in Meyerland Plaza.

Players will use the 2017 card until the new card arrives in April. Experienced players and beginners are welcome to attend!

If you are interested in joining the new mah jongg group, please contact coordinator, Eileen Barrett at tenniseileen@yahoo.com, whether or not you can make the above date. Don't forget to bring your mahj card! You don't have to be a Lazarus group member to attend. Have fun and good luck!

WOMEN'S HEART HEALTH HAPPENINGS AT THE LINDA JOY POLLIN CARDIOVASCULAR WELLNESS INSTITUTE IN ISRAEL

The Linda Joy Pollin Cardiovascular Wellness Institute has partnered with HMO's Endocrinology Department to investigate the female heart's response to menopause in an animal model. The study is identifying the differences in heart anatomy and function in mice once the ovaries are removed.

- HMO is investigating the differences in the way men and women perceive chest pain as it relates to the signs and symptoms of a heart attack.
- Researchers are looking at differences in effects of anticoagulant drugs on women.
- In the United States, Hadassah is forging ahead with its growing advocacy campaign for Gender Equity in Medical Research (GEM) in order to fight these disparities in heart disease research and other health specialties.



KOMEDY with KENNY



Marc Chagall Hadassah presents

Comedy

with **Rabbi Kenny Weiss**

Houston Hillel Executive Director

Sunday, February 25th

7:00 p.m.

at Houston Hillel

1700 Bissonnet, Houston TX 77005

Hors d'oeuvres, dessert, wine & coffee

HKA Certified

Silent Auction Casual Chic Attire

Spouses & Friends Welcome!

*Your contribution will help Hadassah Medical Organization
purchase*

additional patient beds.

Couvert - Please pay in advance:

\$36 per person - receives 1 door prize ticket

\$72 per person - receives 3 door prize tickets

\$108 per person - receives 5 door prize tickets

Additional donations welcome!

Reservation Deadline – February 15, 2018

Receipt of your check, payable to Hadassah, confirms your reservation.

Please mail to Robin Beerman: 6513 Bayou Glen Rd. Houston, TX 77057-1003,

before the deadline above.

For more information, email:
marcchagallhadassah@gmail.com