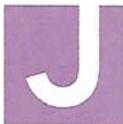




Houston Chapter of Hadassah NEWS & VIEWS

Elul/Tishrei 5779

September, 2018



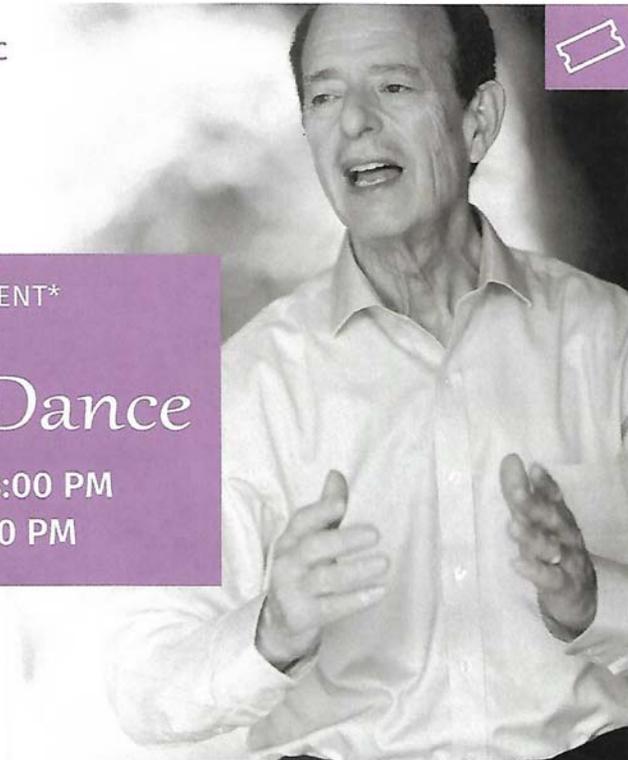
EVELYN RUBENSTEIN JCC
HOUSTON



THEATRE AT THE J SPECIAL EVENT*

the Actual Dance

Saturday, October 13 | 8:00 PM
Sunday, October 14 | 3:00 PM



Written and Performed by Samuel A. Simon

Presented in Partnership with Congregation Beth Yeshurun Sisterhood and Houston Chapter of Hadassah

The Actual Dance is a moving, insightful one-act play performed by its author, Sam Simon, as he tells the story of his wife's successful battle with breast cancer from a unique point of view – that of a husband and caretaker supporting his spouse and ultimate cancer survivor through her difficult journey. Houstonian Susan Kalmans and Sam Simon were married in the J.B. Greenfield Chapel at Congregation Beth Yeshurun in 1966. In Simon's performance of "the dance," he is accompanied by two live on-stage musicians, Marc Garvin (guitar) and Sonya Matoussova (cello).

**Not included in Patron of the Arts offering*

Tickets: \$25

Buy tickets at erjchouston.org/theatre
or call 713.729.3200

The Arts & Ideas Season is funded in part by the Evelyn Rubenstein JCC Patrons of the Arts with support from The Maurice Amado Foundation.

EVELYN RUBENSTEIN JCC HOUSTON
5601 S. Braeswood | Houston, Texas 77096
713.729.3200



erjchouston.org/theatre

AVIV • AVITAL • MARC CHAGALL • CHAI • ANNE FRANK • KINNERET • EMMA LAZARUS • ANNIE LEFF • MA-ARAV
MACHAR • MAZAL • PEARL • HENRIETTA SZOLD • CHAIM WEIZMANN • STEPHEN S. WISE

PRESIDENT'S COLUMN



Debbie Angel

Dear Hadassah Friends,

The New Year will be here before we know it. As our hearts turn towards Rosh Hashanah and the autumn holidays, we're drawn to the promise of new opportunities and fresh starts. With each round challah, we are reminded of the 360 Degrees of Healing Campaign to renovate the Round Building at Hadassah Medical Organization (HMO). With this renovation and expansion, the new Round Building will be an important healing center for Israel and the Middle East. From Zionist and American advocacy to healing in Jerusalem and in our own bodies. Now is the time to commit to the changes necessary to create the world

we need.

As the High Holiday services demonstrate, we need to gather inspiration from our past to propel us forward. The Passion to Action: Hadassah Women's Health & Advocacy Conference held during National Women's Health Week energized hundreds of attendees around Hadassah's efforts to advance support for Israel, health and women's health equity. We're so grateful to the 250 Hadassah members and Associates from 25 states who visited more than 80 congressional offices during our recent Day on the Hill in Washington DC, securing support for key legislation on women's health equity, Holocaust education, gun safety and more.

With advocacy in mind, each of us should commit to voting in the upcoming elections. We must each stand up in our democratic process. And just as we gather with our families and loved ones to start the new year, we should text or call our daughters and granddaughter to remind them to vote as well. State primaries have different schedules – check for your local dates -- but the important nationwide election day is Tuesday, November 6. The opportunity to have your voice heard doesn't end on election night. You can set up an appointment with your newly elected or incumbent officials to share the legislative goals of Hadassah and the amazing work being done at HMO. Please email advocacy@hadassah.org for the best way to present Hadassah to those representatives.

With the New Year just around the corner, now is the time to make plans for Zionist programming in 5779. Help your unit bring together a group of women for a Zionist Salon, using Gil Troy's new work *The Zionist Ideas: Visions for the Jewish Homeland* and his customized Hadassah study guides to start a meaningful conversation about what Zionism means to you. As we come together in our American homes and synagogues, think about inviting women who are new to Hadassah, your synagogue, or your neighborhood to your group meeting or Hadassah event and make her feel welcome.

The High Holidays are a time of resolutions – who among us hasn't resolved to eat healthier, to exercise, to care for others? Hadassah has new recipe cards from our program partner, the American Heart Association. You can go to www.hadassah.org/everybitecounts to download seasonal dishes like Apple Nachos, Apple Bread Pudding, and Slow Cooker Brisket from last year. The new Eggplant, Cheese, and Tomato Bake would be a warming and healthy entrée in your sukkah. All the new recipes are diabetes-friendly.

Wishing you all L'Shana Tova - good health, much joy, and sweetness in 5779.

Debbie

October News and Views Deadline: September 15, 2018

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NEWS & VIEWS
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Editor: Glenda Danburg Waldman**

**Send all information to :
Glenda Danburg Waldman
E-mail: irglenda@aol.com**

GROUP MEETINGS

Marc Chagall – Thurs. Sept 13 at 7:00 pm at Marge Leventon's, 4532 Verone in Bellaire. Gabi Gelman will speak on "God is Always with Me - or is He?" Light refreshments will be served. RSVP to marcchagall-hadassah@gmail.com

Anne Frank - Thurs. Sept. 20 at 10:30 am at Maggiano's Memorial City Way. Vicki Samuels and Michael Duke of The Jewish Herald Voice (JHV) will discuss "The JHV: A 110 year old Organic History of the Jewish Community." RSVP to Betty, kinderteacher77063@yahoo.com. The cost for lunch is \$18. Send check by 9/13, made out to Anne Frank Hadassah to Betty Babendure 1559 W. Sam Houston Pkwy S. Houston, 77042



**WEDNESDAY,
SEPTEMBER 19**

CHARITABLE SOLICITATION DISCLOSURE STATEMENT

Hadassah, the Women's Zionist Organization of America, Inc. 40 Wall Street, NY, NY 10005. Telephone number 212-355-7900. A copy of Hadassah's latest Financial Report is available by writing to the Hadassah Finance Dept., 40 Wall Street, NY, NY 10005. Registration does not constitute or imply endorsement, recommendation, approval or sanction by any state/county.

HADASSAH MEMBERSHIP

"WE GOT THE POWER, DO YOU?"

As a member of Hadassah, you join with thousands of women worldwide who have connected not only to Israel in practical ways, but have also connected here in America to advocate for social change. The Houston Chapter has 15 groups in the greater Houston area stretching north from the Woodlands area all the way south to Clearlake and Friendswood. We have day and night groups, weekend groups and groups of varying ages and interests. To find the perfect group for you, go to www.houstonhadassah.org.

"Make an Impact" and continue the work Hadassah has been doing for over 100 years. To become a Life Member, send a check made out to Hadassah for \$250 to Hadassah, 24 Braeswood Square, 77096. Annual membership is \$36.

Project Connect Locally – if you are a member of Hadassah in Houston but affiliated with a chapter or group elsewhere, Hadassah encourages you to transfer your membership to one of the 15 Houston groups. You can connect locally and enjoy interesting programs, exciting activities or just meet other individuals who share similar values and interests.

THE POWER OF CONNECTION
Hadassah Professional Business Directory

Exclusive **new** benefit for Hadassah Life Members & eMembers—moving and looking for a real estate agent? Need an attorney? Want to advertise your event planning business? Expanding your online marketing firm? The Hadassah online Professional Directory is your answer.

Register today and connect your business to Hadassah members throughout the country and in your community. First year free if you sign up by December 31, 2016.

Go to hadassah.org/businessdirectory to log in.
Start searching today and access needed services.

HADASSAH
the power of women who **DO**

HADASSAH THE WOMEN'S ZIONIST ORGANIZATION OF AMERICA, INC.
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GSW Women's Retreat at Camp Young Judaea

by Linda Freedman Block, GSW Region President



DECEMBER 7-9, 2018

Mark your calendars right now!

You're in for a TREAT at our GSW Women's RETREAT.

Have FUN and relax with Hadassah! Join us at Camp Young Judaea in Wimberley, TX for a fantastic time. This retreat is for all Hadassah members who want a wonderful weekend away!

We'll take care of business at our Region Board Meeting on Friday afternoon, enjoy Shabbat services and have all kinds of fun including special spa services, arts and crafts, mah jongg, games, fun night, campfire, yoga, hiking and BINGO!

An email will go out to the entire region with more details later. If you do not have email and want more information, please call the Hadassah office at 713-661-1022 to make sure we send you a registration form.

SCENE AT...



AVITAL GROUP



The Kroger Co. Family of Stores is committed to bringing hope and help to the local neighborhoods we call home. Our stores are on a mission to go beyond being a part of the community to also helping create a stronger community. We appreciate your continuing participation in our Community Rewards program to help accomplish that mission! We have recently upgraded our Community Rewards system, and as a result, Hadassah has a new account number. **(PH472.)**



Happy Sukkot

ANNUALLY, TRAFFICKING IS A
\$150 BILLION
ENTERPRISE

70% OF FEMALE VICTIMS ARE TRAFFICKED INTO THE SEX INDUSTRY

#EndHumanTrafficking hadassah.org/trafficking

SAVE THE DATE

Anne Frank Annual Fundraiser

Theo's Greek Restaurant
812 Westheimer
Montrose



"Ahoy! A Shipwreck Adventure"
Sunday, October 7th
6 pm - 9 pm

**The Anne Frank Hadassah yacht,
"Gefilte Fish"
got stranded on the Greek Island of Chaos!!!!**

**However will they survive?
Join the crew and come find out!
Bring the ONE THING you can't live without,
with incredible prizes for the most original!!
(A cell phone is NOT ORIGINAL!)**

"Distress Dress" or Island Wear preferred attire

Look for More Specifics to Come!

HADASSAH IS PRINTING A NEW DIRECTORY



DO YOU HAVE A NEW EMAIL ADDRESS? DID YOU GET RID OF YOUR LANDLINE? OR ARE YOUR ADULT CHILDREN STILL LISTED AT YOUR HOME ADDRESS? IF SO...

PLEASE SEND AN UPDATE OF YOUR ADDRESS AND PHONE NUMBER TO THE HADASSAH OFFICE AT

RDORFMAN@HADASSAH.ORG

SAVING LIVES THROUGH SMARTPHONE TECHNOLOGY

When Dr. Itai Gross was a resident spending the night in Hadassah's neonatal intensive care unit, he wasn't sure if the oxygen supply was correct for a premature baby girl. He called the attending physician. Said the senior doctor, "Don't waste time waiting for the computer to warm up. Send me a picture of the respiratory tube via WhatsApp." WhatsApp, invented by Russian Jewish computer whiz Jan Koum, is the world's most popular messaging app, used by more than a billion smartphone owners.

That eureka moment spurred Dr. Gross, now a full-fledged pediatrician at Hadassah, to investigate the effectiveness of diagnosis via WhatsApp. He studied the use of WhatsApp by 68 pediatric residents and 20 neonatologists in three different Israeli hospitals. All the physicians viewed x-rays on smartphones and computers.

Except for viewing the tiniest vessels of babies still in utero, the images on WhatsApp were as clear as those on a computer. The results of that research were published in the *Acta Paediatrica* journal in June 2018.

Dr. Saar Hashavia, Head of Pediatric Emergency Medicine at Hadassah, was glad to hear the results of his colleague's research. He's created a unique life-saving WhatsApp group. "After training four Kurdish doctors who secretly came to Hadassah to learn emergency pediatric medicine, we needed a way to keep helping them while they treat children in conflict areas," he said. The WhatsApp group he started includes more than a dozen pediatric specialists who are available 24/7 for consultations with the Kurdish doctors helping injured children in Iraq and Syria. The Kurdish doctors send a description of the medical problem and any available diagnostics to the WhatsApp group, and Hadassah experts respond with diagnoses and suggestions for treatment.

Where traditional medical resources aren't available, Hadassah experts help the Kurdish doctors find creative solutions with what they have. All of this is below the official radar and doesn't expose the medical professionals abroad to persecution for having contact with Israel. "Telemedicine is the future of medicine in conflict areas," said Dr. Hashavia. "I look forward to working with Israeli high-tech to develop the technological tools necessary to bring telemedicine to the next level.

HADASSAH MOURNS THE LOSS OF ARETHA FRANKLIN

Sadly, the "queen of soul" Aretha Franklin passed away at age 76, due to an advanced pancreatic neuroendocrine tumor (pancreatic NET or PNET). Hadassah offers its condolences to Ms. Franklin's family and relatives on the passing of this American music icon. The PNET that took Aretha's life is a rare cancer (six percent of all pancreatic tumors), which develops from the abnormal growth of endocrine (hormone-producing) cells in the pancreas.

As Dr. Simona Glasberg, head of the Neuroendocrine Tumor Unit at the Hadassah Medical Organization, explains, "One of the major issues with these tumors is their timely diagnosis, as many times they are missed. Increasing awareness within the medical community and general population of these rare tumors is extremely important, as is the timely referral to a specialized center that is experienced in treating these rare cancers."

Whereas PNETs tend to grow slower than the usual aggressive pancreatic adenocarcinoma, Dr. Glasberg says, "They always have a malignant potential to spread locally or to other organs. Often, they are diagnosed at an advanced stage of metastatic disease. The symptoms of PNETs are usually related to the tumor-mass growth and spread (e.g., abdominal pain, weight loss, loss of appetite, jaundice, etc.). However, in about 25 percent of cases, these tumors may produce specific hormonal-hypersecretion syndromes, causing diarrhea, severe weakness, sweating, and loss of consciousness. The Neuroendocrine Tumor Unit at Hadassah, with its dedicated multidisciplinary team, is a global leader in NET treatment and research. Recently, the European Neuroendocrine Tumor Society (ENETS) certified Hadassah's unit as the only center of excellence in Israel and the Middle East.



CELEBRATE MONDAY, SEPTEMBER 3