



*Dear Hadassah friend,*

April 2016

We are very much looking forward to seeing you at our upcoming Spring Conference and Wellness Day.

Here is some important information for the day:

**When and where**

Sunday, May 1, 2016

- Health Screenings – 9:00 a.m.
- Check-in – 10:00 a.m.
- Program begins promptly at 10:30 a.m.
- Program will end between 2:00 p.m. and 2:30 p.m.

Cedars Sinai Medical Center

Thalians Auditorium

8730 Alden Drive

Los Angeles, CA 90048

(See attached map)

**Lunch**

Lunch (vegetarian) and dessert will be served at noon and is buffet-style.

**Attire**

Please dress casually and comfortably as we will be doing stretching and movement exercises.

**Continuing Education Units**

If you are seeking CEU credit from the conference, this program will equal 1 unit of credit. There is no additional charge to earn these credits and paperwork can be picked up when you check in at the event.

**Directions and parking**

On the reverse side of this letter are driving directions and parking instructions. Please follow the directions very carefully, as getting to the Cedars Sinai can be confusing if you aren't familiar with the area. Your parking is complimentary. Please park in the outdoor P2 Visitor Spielberg parking lot, located across the street from the Thalians Auditorium. When you check in at the event, you will receive a parking pass.

(over)

## **Driving Directions/Parking Instructions**

### ***From the San Diego (405) Freeway (heading South)***

- Exit Santa Monica Blvd. ramp
- This will take you to Santa Monica Blvd.
- Turn left (East) onto Santa Monica Blvd.
- Stay on Santa Monica Blvd. until you get to Beverly Blvd. (a few miles)
- Turn right onto Beverly Blvd.
- Stay on Beverly Blvd. until you get to George Burns Rd.
- Turn right onto George Burns Rd.
- Turn right into the outdoor P2 Visitor Spielberg parking lot which will be on your right.
- From the parking lot, walk across the street towards Alden Avenue.
- At the corner of Alden Avenue and George Burns Road, you will see a staircase. Walk up the staircase through the doors and you will arrive at Thaliens Auditorium, the Conference site.
- Elevator – If you need an elevator to access the Conference site, once you have crossed the street from the parking lot, walk to the corner of Alden Avenue and George Burns Road where you will see a staircase. Walk to the left of the staircase and follow it through the double doors. Once inside, you will see an elevator on the right. Take the elevator to the 2<sup>nd</sup> level to reach the Conference site.

### ***From the San Diego (405) Freeway (heading North)***

- Take the 10 Freeway east (bearing right)
- Continue on freeway and exit La Cienega Bld. North (bear right)
- This will take you in a circle and under the freeway, which will put you onto La Cienega. Continue on La Cienega to Third Street.
- Turn left onto Third Street and go to George Burns Road.
- Turn right onto George Burns Road.
- Cross Alden and turn left into the outdoor P2 Visitor Spielberg parking lot.
- From the parking lot, walk across the street towards Alden Avenue.
- At the corner of Alden Avenue and George Burns Road, you will see a staircase. Walk up the staircase through the doors and you will arrive at Thaliens Auditorium, the Conference site.
- Elevator – If you need an elevator to access the Conference site, once you have crossed the street from the parking lot, walk to the corner of Alden Avenue and George Burns Road where you will see a staircase. Walk to the left of the staircase and follow it through the double doors. Once inside, you will see an elevator on the right. Take the elevator to the 2<sup>nd</sup> level to reach the Conference site.

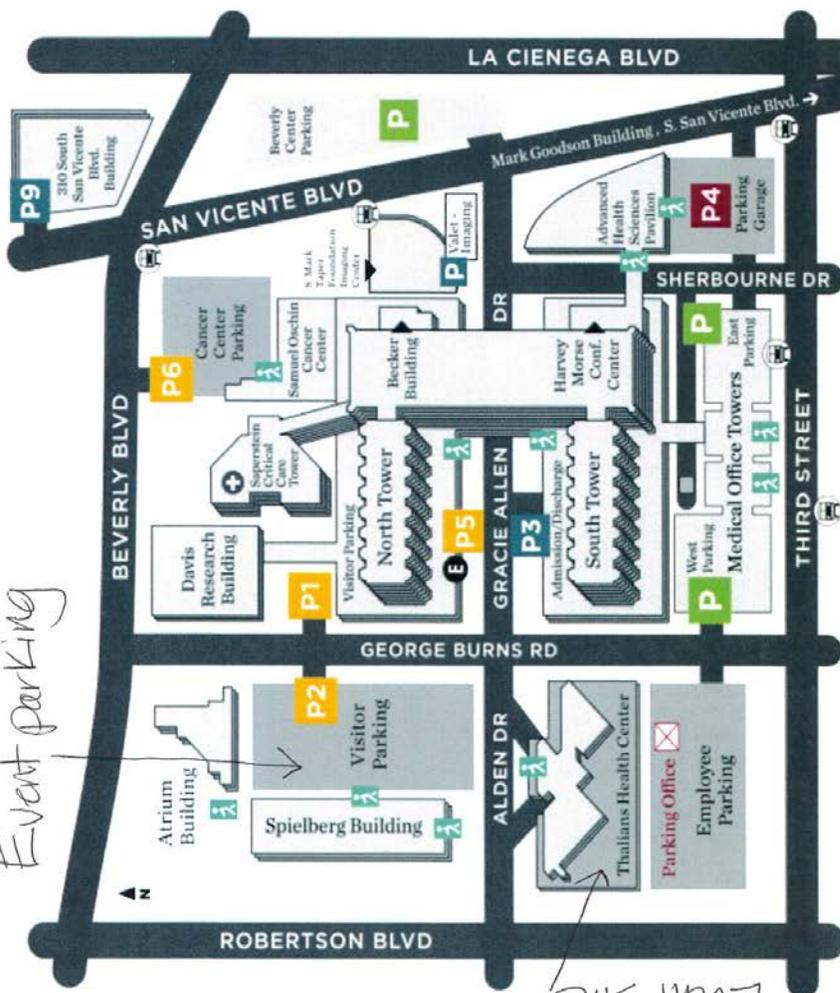
### **Questions?**

Call us at the Hadassah office at 310-276-0036  
or email us at [hscinfo@hadassah.org](mailto:hscinfo@hadassah.org).

# FACILITY MAP

*Event parking*

*Event site*



## KEY

- P Visitor Parking
- P Valet Parking
- P Visitor & Valet Parking
- P Non-Cedars-Sinai Parking
- E Emergency Parking
- P Pedestrian Entrance
- Bus Stop Bus Stop