



President's Message

As we prepare our message to you for this issue of *Hamsa*, we can only think about the work of Hadassah Medical Organization during this time of crisis in Israel. The surge in Palestinian terrorist attacks in Jerusalem, the West Bank and beyond, poses a direct threat to the security of Israel. Hadassah's hospitals have been working around the clock to care for the many victims who have come through their doors. The dedication and care that the doctors, nurses, and other health care professionals have given has been extraordinary. Here are a few examples from just the first two weeks in October:

Oct. 1, 2015 - *Eitam Henkin and his wife Naama were driving with four of their six children on a road between the settlements of Elon Moreh and Itamar. These settlements are located near the Palestinian village of Furik, east of Nablus. Eitam and Naama were shot and were pronounced dead at the scene. The children were taken to Hadassah hospital.*

Oct. 6, 2015 -- *Prime Minister Benjamin Netanyahu visited Adele Banita at **Hadassah Hospital Ein Kerem**. Adele's husband, Aharon, was stabbed to death in a terror attack on October 3rd in Jerusalem's Old City on Saturday night. Adele was badly injured in the attack, and the couple's toddler son, Matan, was slightly injured.*

Oct. 7, 2015 -- *A teenage Palestinian girl stabbed an Israeli man, Daniel Rosenfeld, 36, near the Lions' Gate of the Old City of Jerusalem and was then shot at the scene. Both the attacker and her victim are currently being treated at **Hadassah Hospital Ein Kerem**.*

Oct. 11, 2015 -- *An IDF soldier was evacuated to **Hadassah Hospital Ein Kerem** after being wounded by a marble shot from a sling-shot by a Palestinian protester outside of the West Bank settlement Kiryat Arba.*

Oct. 12, 2015 -- *A senior United Nations official, Mounir Kleibo, sustained serious injuries when Palestinians threw rocks at his car. He was taken to **Hadassah Hospital Ein Kerem**.*

Oct. 13, 2015 -- *Hadassah is on high alert as violence escalates in Israel. It is the mission of the Hadassah hospitals to help anyone in need of medical attention regardless of religion, ethnicity, or political beliefs.*

Our thoughts and prayers are with the patients and their families and hope for an end to these ongoing acts of violence. If you would like to make an emergency donation, simply call 800-928-0685 or contact Hadassah.org/stopthebleeding.

Rhoda Cutler and Susan Pomerantz
Co-Presidents

A Personal Thank You

As my term as your Co-President ends with the installation of our new Board on December 1st, I want to thank the women of our current Board and the previous Boards with whom I have served. Each of you and your supporting committees has done an outstanding job in developing Hadassah at Stonebridge. I especially want to thank Susan Pomerantz, my partner Co-President, whom working with has been an exceptional experience.

It has truly been a remarkable journey which began in December of 2008 when Lynn Schutzberg invited me to a Hadassah Chanukah Party at Glenda Beller's home. I had only been living at Stonebridge a few weeks and Lynn thought I might be interested in meeting a group of women who wanted to form a Hadassah chapter. Within a few months I found myself on the new Board, and in May of 2009, we celebrated our Charter with the 36 founding women. Today, I am proud to say that our chapter is over 300 strong; we have raised approximately \$75,000+ for medical care, youth programs, and women's initiatives both in Israel and in the U.S. We have provided outstanding programs and educational events to our members and their guests. We have built a strong organizational structure and have been recognized by both our Region and National as being an Outstanding Chapter for four years.

The friendships made along the way have been significant, and will remain. I am confident that your new Board and chapter leaders will continue to provide the warmth and community that Hadassah at Stonebridge provides.

Rhoda Cutler
Co-President

Stonebridge Hadassah Gives Thanks for Service

For the past six and a half years -- since our chapter's inception -- Debby Cohen has graciously, beautifully, and efficiently provided leadership for our Hadassah Cards, Certificates, and Trees. In past years, Debby personally applied the calligraphy for every New Year's card received by our membership, as well as the calligraphy on the cards, certificates, and trees purchased. Our Stonebridge Hadassah Chapter and its membership thanks Debby for her service.

Only recently, in late October, have Michele Greenfield and Andrea Lasker assumed the leadership for cards, certificates, and trees; therefore, contact Michele, mgreen8084@comcast.net or Andrea, aelasker@gmail.com for new orders. I'm sure we will have a very smooth transition!

Karen Hyman
Executive V.P.

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Please invite family and friends!

Heads Up! Save These Dates

November 2 - Monday, 7:30 pm - General Meeting - Alice Golembo will speak about her aunt, Golda Meir. **Note:** Due to Tuesday's Election Day, our meeting will be held Monday.

November 15 - Sunday - Art Auction, 2:00 pm - We are hosting a live art auction at the Senior Center; open to the public - please invite your family and friends. Save the date for an event filled with fun and beautiful art! A recent email contained the registration form: Contact either Helene Cohen, leeniepc@gmail.com; Barbara Levine, katzgir1@icloud@aol.com; or Barbara Nalitt, bgn56@comcast.net or \$18.00 at the door.

November 18 – Sunday, 7:00 pm - Film Series features “Yoo-Hoo, Mrs. Goldberg,” at the Senior Center. Prior registration to Irene Baden, slims5@aol.com

November - Date to be announced - Winter Coat Collection - We will be collecting adult and children's coats to be donated to **New York Cares**. Look for future details.

December 1 - Tuesday, 7:30 pm - Installation and Entertainment - Installation Ceremony led by Barbara Fleischer, member of the Hadassah National Board and former NJ Southern Region President. Entertainment following the ceremony by the fabulous singer, Carol Flitter.

January 5 - Tuesday, 7:30 pm - Broadway Musicals: A Jewish Legacy - A 90 minute documentary, narrated by Joel Grey, explores the unique role of Jewish composers and lyricists in the creation of the modern American musical, featuring interviews with some of the greatest composers and writers of the Broadway stage.

May 11 - Wednesday - Save the Date for Hadassah Southern NJ Region's full-day **Education Symposium at the Forsgate Country Club**. Mark your calendars now. This is an event you will not want to miss!

June 7 - Tuesday, 7:30 pm - Save the Date: Author Event. Nationally known news correspondent and author, Martin Fletcher who has written a new book, *The War Reporter*, will be our guest speaker. This event will be held at the Monroe Township Senior Center and will be open to the public. Please invite your friends, family, spouses, and significant others.

Ongoing Outreach Projects:

Knit Witz - New projects are being started. Contact Shirley Zuk, hmzuk@aol.com if you would like to join the corps of knitters.

Magazine Collection - Magazines (no more than 3 months old) will be distributed to local nursing homes and medical facilities. Continue to save your magazines for the next collection in the fall.

**All General Meetings are held at the Monroe Township Senior Center,
12 Halsey Reed Road.**

Hadassah members from all chapters are welcome to General Meetings.

Non-Member Guest fee: \$5.00

Study groups and certain events are for Stonebridge members only, except where noted.

Membership News

Judy Freilich and Barbara Nalitt,
Membership Co-Vice Presidents

If you know anyone who might like to become a member of Hadassah, keep in mind the “Gift of Membership” campaign continues through December 2015. See the details below.

Since the last quarterly publication of Hamsa, we are delighted to welcome the following women as new members to our chapter:

Iris Accordino
Harriet Berlowitz
Roberta Cohen
Debbie Eisenberg
Rhonda Erdreich
Ruth Fagin
Ellen Glicker
Bonnie Goldstein
Sally Goldstein
Roberta Hodes
Helene Karp
Ilene Karp
Rhona Koplowitz
Joan Kozzi
Fran LaPoint
Judith Levy
Stephanie Maffetone
Estelle Marcus
Marcia Menaker
Suzanne Miller
Elaine Riccardi
Irene Rosen
Georgena Russo
Carole Schneider
Alissa Smith
Bonnie Teman
Marsha Tipelin

Welcome to Hadassah at Stonebridge! We look forward to seeing you all on Monday, November 2nd for our next general meeting.

Hadassah Membership Promotion
Give the Gift of a
Free Annual Membership

Valid through December 31, 2015.
Only Current Life Members and
Associates
can take advantage of this offer.
You may gift a free Annual membership to
a New Member only.
It will be a One Year Membership!

Programming/Outreach News

Anita Gore and Roberta Neutuch

Programming/Outreach Co-Vice Presidents

We started out the New Year with record breaking attendance at our past two meetings. And the programs, how inspiring -- Fraidy Reiss shared her story about her organization, Unchained at Last; Sharon Moran of the Traveling Stage Company portrayed the historical Nellie Bly, an investigative journalist -- a woman ahead of her time. (Unfortunately, we have to relay sad news with regard to Sharon Moran, see below.)

Our active committee is working hard to keep bringing you programs that are entertaining, informative, and inspiring. Our best leads come from you, so please share your ideas with us. Our General Meetings are all held on the first Tuesday of the month at 7:30 pm, at the Monroe Township Senior Center. **NOTE the EXCEPTION:** This month our meeting is scheduled for **Monday, November 2nd** due to Election Day on Tuesday. Golda Meir's niece, Alice Golembo, will share her personal reminiscences about her aunt. We look forward to hearing about a different side of this great leader.

Our meetings would not be complete without the assistance of our Hospitality Committee. They help purchase and set up our refreshments and light snacks. Your assistance is always welcome. Just call us to volunteer.

Sad News

Sharon Moran, of Rockaway Township, passed away on October 8th. A lifelong teacher and artist, Sharon was the co-creator and president of The Traveling Stage Company, an organization that performed one-act plays depicting great women throughout history.

Those who were present at our October 6th meeting will remember an outstanding artistic performance, and most of all, a woman who was passionate about sharing her knowledge.

Outreach Projects:

“Knit Witz” -- Chaired by Shirley Zuk. This dedicated group of knitters spends countless hours knitting baby hats and blankets for distribution to local hospitals, rehabilitation centers, and nursing facilities. Contact Shirley, hmzuk@aol.com to get involved.

Magazine Collection -- This program, led by Maxine Stearn and Ann Steinberg, just collected over 200 magazines that you donated. The magazines were delivered to local hospitals, rehab centers, and nursing homes. Please continue to hold onto your magazines (no more than 3 months old) for this quarterly project.

Joint project with Stonebridge Women's Club a Huge Success: *Anything Baby - Head to Toe* (newborn to 2T) collected over 300 baby items which were delivered to Women Aware, an organization that assists women and their children escape abusive relationships. Hadassah chairs were Cindy Block, Nancy Mayrowetz, and Carol Kallman and the Women's Club chairs included Dolly Crooks, Joan Maggio, and Liz Silecchia.

Upcoming in November - Winter coat collection for New York Cares. Dates to be announced.

Mitzvah News – Announced at our General Meetings:

Karen Sulzman: Congratulations on daughter Lara's graduation this past May from Georgetown University's Graduate School of Foreign Service.

Diane Needelman: Congratulations on granddaughter Julia Ann Lazrescu's Bat Mitzvah, and on the birth of granddaughter, Sara Jacqueline.

Gay Kassan: Congratulations on the birth of two granddaughters, Lucy Dara Jacobs and Charlotte Rae Kassan.

Barbara Solomon: Congratulations on the birth of grandson, Henry Evan, born August 15th.

Celebrate Your Mitzvah with Us!

What better way to celebrate your mitzvah than to share the news with your Hadassah at Stonebridge family! Just sponsor the refreshments at one of our general meetings, and an announcement will be made in recognition of your mitzvah. To schedule your sponsorship, please contact Roberta Neutuch, neutuch@yahoo.com.

Fundraising

Lynn Bender and Anne Hausman

Fundraising Co-Vice Presidents

Sunday, November 15th (2-5 p.m.) is our very first **Art Auction**. Our committee of over 40 women have been working hard to make this a "Fantastic Fun Raising" afternoon. This elegant affair includes hors d'oeuvres to enjoy while viewing the art. The Monroe Senior Center will be filled with collectible paintings and sculptures. Prices will vary, so please come and bring family and friends. The money raised will support breast cancer research at Hadassah Hospital.

We are honored to participate in a joint venture with Marlboro Hadassah in a fund raising project: **Holiday Gift Wrapping at Freehold Mall**. This year the program begins Thanksgiving Day and runs through December 24th. Many volunteers will be needed to fill various time slots in the mall -- all we need is your time! Please watch for an upcoming flyer to sign up -- we will include a few training sessions (pick the session that suits your schedule) so you can become an expert package wrapper! As always, the money we raise will go toward Hadassah Hospital, which at this critical time, requires substantial funds to treat the injured and sick.

Future events include Brunch for a Bunch, Game Night, and the play, "My Name is Asher Lev" -- If you would like to work with us on the Fundraising Committee to assist with any of these events, please contact us at lynn_bender@comcast.net or annebjoe@aol.com

Without your help, we can't ***Put the Fun Back in Fundraising!***

Education News

Gay Kassan and Patty Winetz

Education, Co-Vice Presidents

The October 29th Hadassah Book Discussion broke all records. There were 60 people who attended our discussion of *The Nightingale* by Kristin Hannah. Thank you to our dedicated facilitators: Roz Blinder, Judy Freilich, Barbara Levine, Eileen Lew, and Karen Sulzman and thank you to our four hostesses who offered their homes for the discussion groups.

Our next book discussion will take place in January, when we will be reading *The Septembers of Shiraz* by Dalia Sofer. As one reviewer said, “Dalia Sofer tells the story of the Amin family, a wealthy Iranian-Jewish family caught up in the ugly repression that followed the overthrow of the Shah, in a quiet, dignified style, with detail building upon detail.” We feel this book will open our eyes to what life was like for the Jewish families of Iran.

On Wednesday, November 18th at 7:00 pm, we will be showing the film “Yoo-Hoo, Mrs. Goldberg.” From filmmaker Aviva Kempner, comes this funny and insightful story of radio and television pioneer Gertrude Berg, the creator, principal writer, and star of *The Goldbergs*, a popular radio show for 17 years. *The Goldbergs* became television’s very first character-driven domestic sitcom in 1949. Berg wrote 12,000 scripts for *The Goldbergs* (CBS’s number one show) combining comedy and social commentary -- with Jewish characters, particularly matriarch Molly Goldberg, at the center. A discussion will take place after viewing the film. Please RSVP to Irene Baden, slims5@aol.com.

From the people who brought you **Shabbat Together**, a committee is just forming to create and organize our **Havdalah Happening on Saturday night, March 5th**. This special committee will prepare an innovative and meaningful Havdalah Service to provide a wonderful and inspiring evening for our family, friends, and neighbors! If you would like to be a part of this exciting project, please contact Patty Winetz, pwinezt@hotmail.com.

Celebrate your Simcha by becoming a Simcha Sponsor.

Your donation will help defray hospitality costs of our general meetings.

Contact Anita Gore or Roberta Neutuch

Refund Policy

A Wait List will be kept for all paid events that have limited space.

A reservation that is cancelled will be filled by the next person on the wait list. Reimbursement will be made directly to you by the person who replaces you.

We cannot refund your money if we are unable to fill your space.

New One-Stop Food Allergy Clinic Opens at Hadassah Hospital

Not long ago if an Israeli child had a poor appetite, was listless, wasn't gaining weight, and cried when eating or complained that eating hurts, a parent would have had to take him to the pediatrician who might then refer him on to a gastroenterologist, allergist and/or dietician--none of whom seemed to communicate with each other. Now, for the first time in Israel, with the launch of the Hadassah Medical Center's Eosinophilic Gastrointestinal Disorders Clinic, there is a "one-stop" multidisciplinary center that offers everything from intake and screening to diagnosis and treatment to nutritional guidance and follow-up services.

The focus of the clinic is to help people who struggle with Eosinophilic Esophagitis (EoE), an extreme form of food sensitivity, which results in inflammation of the esophagus and often an devastating impact on a child's development. To celebrate the Center's official opening, Dr. Marc E. Rothenberg, the world's foremost expert on the detection and treatment of this severe form of childhood food allergy, flew into Israel to present two talks at Hadassah Hospital-Ein Kerem.

Dr. Rothenberg, Director of the Cincinnati Center for Eosinophilic Disorders, provided an overview of eosinophilic gastrointestinal disorders, with a specific focus on EoE, a newly diagnosed food allergy disease. In explaining the severe allergy's discovery and ramifications, Dr. Rothenberg shared a series of rarely seen medical photographs that illustrate the damage done by the condition.



Food Allergy Expert Dr. Marc Rosenberg, Prof. Michael Wischanski, Director of Pediatric Gastroenterology, and Prof. Eitan Kerem, head of Hadassah's Pediatrics Division

Dr. Rothenberg, who runs an exchange program with Israeli physicians, estimates that more than 1,000 Israelis are walking around with EoE and have no idea what is causing their pain and difficulty with eating. Although still comparatively rare (about one in 2,500), Dr. Rothenberg explains, the chance of having the condition increases dramatically (to 2.4 percent) if there is an affected sibling, to 22 percent for fraternal twins, and to 41 percent for identical twins.

The clinic is already proving to be a much-needed asset to families across Israel, says Prof. Michael Wilschanski, Director of Pediatric Gastroenterology at Hadassah. "Before now," he notes, "parents had nowhere to turn with this kind of severe food allergy that affects the esophagus. Now we can provide all the services they need."

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January - December 2015**

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 Led by Sandi Sadikoff
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 Led by Jeff Richardson & Fern Tannenbaum
 October 18 - 28, 2015

CENTRAL PACIFIC COAST DISCOVERY MISSION
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 December 2 - 14, 2015

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The news coming out of Israel may give some people (including you!) some pause when it comes to considering a Mission to Israel, but as Marcie Natan, Hadassah National President has said:

“There is no time more important to visit than when Israel feels vulnerable and isolated. That time is now. Coming on a mission, you will be taken as a group, with appropriate security and mission operators who understand where it is safe and appropriate to go. The hotels here, I am proud to say, are buzzing with missions and now the Jewish Agency participants. Supporting Israel through advocacy and financial support for HMO is also critical, but coming now is a unique opportunity and a true expression of our Zionism.”