

July-August  
2015

Tammuz/Av/Elul  
5775

2015 - ISSUE 4  
NEWSLETTER



HADASSAH

Charlotte Chapter

**HIGHLIGHTS** Newsletter

HADASSAH The Women's Zionist Organization of America

## President's Message

Dear members,

I hope this finds you all well. We have had a busy spring, most recently culminating with an informative Hereditary Cancer Syndromes Health Program. It was well presented and organized by Past President, Heidi Rotberg. Check out the program's follow up article in this issue.



Our Family Craft Day has been moved to August 16th. Save the date and more details will be coming in your email. Hope to see many of you there. In the meantime, have a great summer!!

B'Shalom

*Sandra Goldman*

704 -366-7590 [Vaduz@bellsouth.net](mailto:Vaduz@bellsouth.net)



## Membership

### Our Most Precious Asset

Please encourage your friends to attend our activities and join our chapter. If they are Life Members elsewhere, they need to make a request in order to be transferred to Charlotte.

**The newest members of the Charlotte Chapter of Hadassah to commit to Life Membership are Susan Karp and Terry Schirok.**

**We are pleased to welcome the following members new to the Charlotte Chapter of Hadassah: Marsha Harr-Condon, Susan Karp, Florence Rosenberg and Dianne Salam and Rita Treichler.**

## Good News!

### Life Membership is still only \$212 through 12/31/15

Sign family members up thru Charlotte Chapter to help us reach our commitment to Hadassah. This can now be paid in installments over a 6 month period.

Please contact Penny Krieger to become a life member, enroll a family member or make inquiries.  
704-542-9402 or [pbk96@msn.com](mailto:pbk96@msn.com).

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### Our Monthly Mitzvah

**We received** another hand-written, lovely note from someone who wanted us to know how much our meals mean to those who receive them.

On May 19<sup>th</sup> we delivered 60 meals to JFS thanks to the generosity and kindness of Barbara Abrams, Susan Aizenman, Phyllis Berlin, Ilene Cantor, Sharon Cavanaugh, Gladys Cherny, Aleen Epstein, June Hirschmann, Fran Kaplan, Judy Kaufmann, Penny Krieger, Andy McCleary, Sharel Persin, Phyllis Romaine, Jenny Rosenthal and Joyce Stoll.

Please JOIN US for our upcoming cooking parties. It is deeply appreciated, we have lots of fun and this *really* makes you feel good about what you are doing. Please call Penny at 704-542-9402 if you would like more information.

### Upcoming Meal Prep Dates for JFS

**Tuesday, July 14 - 10am**

**Monday, August 3 - 10 am**

Don't like to cook? You can still help by donating money, food or supplies and assisting in the packaging and labeling of meals or delivering the meals to JFS.

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### GOING GREEN IN ANOTHER WAY

If there are duplicate copies of Hadassah Magazine coming to your home, please contact Penny to discontinue the extra(s). This both conserves paper and saves Hadassah money. 704-542-9402 or [pbk96@msn.com](mailto:pbk96@msn.com)

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### There is Always Room Just for You

Volunteering gives you an opportunity to change lives, including your own. Hadassah needs volunteers to help support their programs, fundraising events, social events and the many functions that take place throughout the year.

**WE** are looking for a few people to help us make this year's silent auction for the "TaTas" Ta-terrific. If you have a business you frequent and feel you can get a gift for the auction (October 3<sup>rd</sup> this year), we would be delighted to have your help. Restaurants, jewelry, travel and hotels do the best at this type of event.

What are you doing September 3<sup>rd</sup> and 10<sup>th</sup>? If you have a few hours to spare, we still have openings for volunteers to help those days. We have a lot of fun on the painting days, both of which will take place at the JCC in Gorelick this year.

Whether you like to proofread, bake, work an event, make phone calls, write, paint, organize, etc... there is a place for you in Charlotte Hadassah.

## Make 2015 a Hadassah Year For YOU.

If you are new to the chapter or are new to volunteering for Hadassah, please contact Penny Krieger at 704-542-9402 or [pbk96@msn.com](mailto:pbk96@msn.com).

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### E-Membership - Tell all your friends about it!



An online only membership for women 17+ who are big on caring and short on time.

Through closed Facebook and LinkedIn groups, the eMember can network with like-minded women who take pride in their Jewish connection. Early registration for online webinars and access to the National Professional Directory (coming soon) are just a few of the benefits that allow the eMember to find her time and place in Hadassah. The eMember stands side-by-side with the 330,000 members, associates and supporters, who empower women to take control of their health, advocate for women's rights and Israel's security, support groundbreaking medical research, and promote humanitarian efforts around the world. Through closed Facebook and LinkedIn groups, the eMember can network with like-minded women who take pride in their Jewish connection. Early registration for online webinars and access to the National Professional Directory (coming soon) are just a few of the benefits that allow the eMember to find her time and place in Hadassah. The eMember stands side-by-side with the 330,000 members, associates and supporters, who empower women to take control of their health, advocate for women's rights and Israel's security, support groundbreaking medical research, and promote humanitarian efforts around the world.

#### BENEFITS:

- Participation in Private Facebook and LinkedIn groups
- Access to Hadassah Members' Insurance Program
- Receive digital issues of the award-winning Hadassah Magazine
- Early registration access to online webinars
- Advocate for causes through the Email Action Network
- Access to Online Professional Directory (coming soon)
- Tax deductible enrollment fee
- Members' Insurance Program

*Celebrate the Ta Tas*  
*Painting Days*



HADASSAH



**Don't Miss Out -  
Limited Appointments**

*Celebrate the Ta Tas*

**It's Time to Schedule your Painting Session!**

**Register Now Online**

**Website for sign up:**

[http://www.kintera.org/site/c.duIVJbNRKmL8G/b.9053407/k.D47A/  
Celebrate\\_the\\_Ta\\_Tas\\_a\\_breast\\_cancer\\_fundraiser.htm](http://www.kintera.org/site/c.duIVJbNRKmL8G/b.9053407/k.D47A/Celebrate_the_Ta_Tas_a_breast_cancer_fundraiser.htm)

**Painting Days:** Thursday, September 3<sup>rd</sup>  
or Thursday, September 10<sup>th</sup>

Five spots per time frame - \$36 a session.

Go to online calendar. Only options are for September 3<sup>rd</sup> and 10<sup>th</sup>.  
Select your time.

Please note that if you have not paid on line, your session is not confirmed.

**Painting Location:** Gorelick Hall at Shalom Park  
5007 Providence Rd., Charlotte

**Want to help?**

Contact: Talia Goldman at [taliagoldman18@gmail.com](mailto:taliagoldman18@gmail.com)

**Celebrate the Ta Tas "Soccer Style"**



The North Carolina Adult Soccer Association is proud to be partnering with Celebrate the Ta Tas for the Second Annual Celebrate the Ta Tas Tournament of Champions.

This event, which will be held in Greensboro, NC, on September 19 & 20, 2015, is an all-women's soccer tournament and fundraiser for breast



cancer research. The tournament, which is expected to draw teams from across the region, prides itself on its potential to become a premier adult women's competition while taking steps to eradicate the devastating disease of breast cancer.

The weekend-long soccer tournament will involve a variety of events including an 8 vs. 8 women's soccer tournament, a team dinner, a fundraising raffle, and participation by a variety of health and fitness vendors. Not only will teams be competing on the pitch, but they will also be competing to raise the most donations for our cause. Teams have until the conclusion of tournament play to seek donations through our donation website, and the team who donates the most for breast cancer research will be honored at the awards ceremony. Together, NCASA and Celebrate the Ta Tas are striving to unite women to compete for their health by raising awareness, funding research, and celebrating themselves to create a brighter, cancer-free community. For more information, or to participate as a player, a sponsor, or a volunteer, please contact Talia and she will be happy to help you: [taliagoldman18@gmail.com](mailto:taliagoldman18@gmail.com).

Want to help? Make a donation in honor or in memory of someone you admire and love. <http://www.gofundme.com/46kzdo>

To register your adult women's team in our tournament, please visit [www.tatas.sincsports.com](http://www.tatas.sincsports.com)

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Call Penny at 704-542-9402 when you have read this paragraph. If you are among the first ten people to call, you will be entered in a drawing to win a restaurant gift card. Leave a message if there is no answer!

### Save these Dates

Event	Date	Location
NO JULY Hadassah Board Mtg.	JULY	
Hadassah Board Mtg.	8/10, 7pm	Temple Israel
Family Craft Day	8/16, 3:30 - 5pm	TBD
Ta Tas Women's Soccer Tournament	Sept. 19-20	Greensboro, NC
Ta Tas Painting (1 <sup>st</sup> day)/Mammo Mobile	9/3, 9 am-7 pm	Gorelick
Hadassah Board Mtg	Sept TBA	Temple Israel
Ta Tas Painting (2 <sup>nd</sup> day)/Mammo Mobile	9/10, 9 am-6 pm	Gorelick
Ta Tas Big Reveal & Menopause the Musical	10/3, 6pm	McGlohon Theatre - Spirit Square
Israeli Fair	11/22	Lerner Center - Shalom Park

**CELEBRATE THE TA TAs**

presents

**THE BIG REVEAL**  
and **MENOPAUSE THE**  
**MUSICAL®!**

HADASSAH



**Menopause**  
**The Musical**®

*Celebrate the TaTas*

**BECAUSE LAUGHTER IS THE BEST MEDICINE!**

**THE SURVIVOR TOUR**®  
(all actresses have either had breast cancer or have been affected by it!)

**Join Us for an Awesome Ta Tas Event**  
**featuring This Hilarious Production!**

**All On ONE Night ...**  
**and All Benefiting Breast Cancer Research!**

**Where:** McGlohon Theatre at Spirit Square  
345 N. College St, Charlotte

**When: Saturday Evening, October 3<sup>rd</sup>, 2015 at 6 pm**  
Doors open at 6 pm for Silent Auction - Awards and Show begin promptly at 8 pm

**Cost:** \$150 per person - tickets are available while supplies last

**Includes:** Fantastic Silent Auction, Hors D'oeuvres, Desserts, Drinks, Ta Tas Tapestry Display and a ticket to **Menopause the Musical: The Survivor Tour**®

**Why:** Support Breast Cancer Research and be a part of the community that cares.

Evening program is co-sponsored by Hadassah™ and GFour™ Production

**Purchase your tickets now!**

**Send your check & contact info to Talia Goldman, 14518 Nolen Lane, Charlotte, NC 28277**

# **Hereditary Cancer Syndromes in the Jewish Community**

## **Educational Event featuring Katya Lezin**

You might know that certain types of cancer are more common among Jewish people than in the general population. You may also know that finding certain genetic risk factors can be helpful in figuring out if you personally are at increased risk. The Charlotte Chapter of Hadassah sponsored a program on June 3, 2015 where three experts on the genetics, treatment and experience of cancer educated our members about these issues.

Angelina Jolie recently was in the news because she had surgery to prevent breast cancer after she learned that her family history of breast cancer was due to their having the BRCA genetic mutation. BRCA-1&2 mutations occur in only about 1 out of every 300-800 people, but in Ashkenazi Jewish people it is much more common - 1 in 40 carry this gene. Inheriting either gene increases a woman's lifetime risk of developing breast cancer to 65-74%, according to the American College of Obstetrics and Gynecology. The risk of getting ovarian cancer is also higher than in people without these mutations, 39-46% for those who have BRCA-1 and 12-20% for BRCA-2. Genetic testing is the first step in both cancer prevention and early detection.

Speaking at the event, held in Gorelick Hall, were Katya Lezin, R. Wendel Naumann, MD, and Teri Howell, RN. The event was hosted by the Charlotte Chapter of Hadassah, the Jewish Community Center and Myriad Genetic Laboratories. The 75 people in the audience were both informed and entertained for the 2 hour program, including the Q&A session following the presentations.

Katya Lezin lives in Charlotte, is a columnist for the Charlotte Observer, and was diagnosed in 2011 with ovarian cancer related to her having the BRCA-1 genetic mutation. She says that "she now travels the country as a patient advocate and survivor, speaking to...anyone who will listen to her account of the upside of being BRCA-1 positive and being a cancer survivor." Katya has written a memoir entitled '*But I Just Grew Out My Bangs - A Cancer Tale*,' and signed books at the end of her talk. Katya spoke for 40 minutes about the "silver linings" of her cancer journey. She decided to look for humor and joy and love along the way, and to bring a positive message of healing to others. Katya's message: there is a lot of hope for women who test positive for BRCA- new targeted treatments are available and personalized therapies are already making a difference. Testing for BRCA empowers women to make informed choices- choices from a place of knowledge. The choices each woman makes are personal and individual, but having the data from the genetic testing can make a difference.

R. Wendel Naumann, MD is currently the Director of Minimally Invasive Surgery in Gynecologic Oncology and Professor in the Department of Ob/Gyn at the Levine Cancer Center at Carolinas Medical Center in Charlotte, North Carolina. Current research interests include targeted therapy for ovarian and uterine cancer as well as minimally invasive surgery for pelvic masses and ovarian cancer. Dr. Naumann is Katya's doctor. His talk was about the real risk increases for cancer- breast and ovarian- with the BRCA mutation, and the importance of new treatments for these cancers.

Teri Howell, RN is a Genetic Counselor, described the genetic screening tests offered by Myriad Labs. Teri was able to explain the genetics involved in the BRCA mutations, and teach the audience about the importance of having the testing.

For more information on BRCA testing please contact your doctor.

HUGE thanks to Heidi Rotberg for organizing this informative Health Program.



**Charlotte Hadassah Proudly Presents**

**Our 2<sup>nd</sup> Annual Israeli Products Fair - November 22, 2015**

Are you or someone in your family going to Israel this summer? Do you want the opportunity to talk about it or have a fabulous photo from your trip on the big screen at Hadassah's 2<sup>nd</sup> Annual Israeli Product Fair? Do you have a connection to someone in Israel who wants the opportunity to sell their items in Charlotte to support the importance of buying Israeli?

If you answered yes to any of these questions, then we want to talk to you about Hadassah's 2<sup>nd</sup> Annual Israeli Products Fair. This year, our fair will be bigger and better than ever! This event will feature fantastic Israeli products, a special Israel travel room, speakers who have recently visited Israel, amazing raffle prizes, kids activities, music, and much more. For additional information or to get involved, please contact Stacy Baum, 704-808-0423 or [schree@carolina.rr.com](mailto:schree@carolina.rr.com).

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## 2015 Hadassah Directory

Our 68<sup>th</sup> edition of the Charlotte Area Jewish Community Directory has been delivered to all Directory Patrons. The directory includes members of the Jewish community and supporting businesses. We hope that you find your 2015 Directory as useful as ever!

The support of our patrons and advertisers enables us to provide this service to our community and to raise funds for Hadassah's worthwhile projects in the Charlotte community and worldwide. Please show your appreciation and patronize our generous advertisers and mention that you have seen their ad in our directory.

Looking for the 2015 directory? They are available at the LJCC front desk and at the Temple Israel and Temple Beth El gift shops. Directories are \$25.00 each. If you have any questions, send an e-mail to [CltHadassahDir@gmail.com](mailto:CltHadassahDir@gmail.com) and put Hadassah in the subject line.

**YOU KEEP US** ADVOCATING IN COURTS OF LAW, IN THE HALLS OF CONGRESS, AND AT THE UNITED NATIONS.

Women nationwide are empowered to lead, learn, and advocate for women, families, the Jewish community, and Israel.



**YOU  
KEEP US  
GOING.**



Keepers of the Gate

Hadassah's Premier Annual Giving Program [hadassah.org/keepers](http://hadassah.org/keepers) 800.928.0685

**HADASSAH THE WOMEN'S ZIONIST ORGANIZATION OF AMERICA, INC.**

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**Become a Keeper of the Gate!**

Please call Heidi Rotberg for more info at 704-365-3859.

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### **Hadassah Greeting Cards**

New cards for all occasions. Help raise money for Hadassah while putting a smile on the faces of your friends and family.

**You can purchase these cards for \$2.00 each or 6 cards for \$10.00**

**Call Nancy Kerstein at 704-643-9494 to purchase cards.**

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### **Hadassah Certificates**

Send a Hadassah certificate and show the world you care.  
Your tax deductible donation enriches the lives of millions of people.

**To order, call: Sue Klein- 704-595-3886 (note new #)**

**If Sue is not available call 1-800-928-0685 to order.**

**You can view the Hadassah certificates and e-certificates online: [www.hadassah.org/donate](http://www.hadassah.org/donate)**

## 2015 Executive Board Contact Info

<b>POSITION</b>	<b>NAME</b>	<b>PHONE #</b>	<b>E-MAIL</b>
• President	Sandra Goldman	704-366-7590	<a href="mailto:Vaduz@bellsouth.net">Vaduz@bellsouth.net</a>
• Treasurer	Dana Kapustin	704-726-4669	<a href="mailto:dkapustin@carolina.rr.com">dkapustin@carolina.rr.com</a>
• Recording Secretary	Alicia Cooper	980-253-5134	<a href="mailto:thesuperfaux@gmail.com">thesuperfaux@gmail.com</a>
• Records Administrator	Judy Kaufmann	704-847-1022	<a href="mailto:steveka@att.net">steveka@att.net</a>
• Corresponding Secretary	Nancy Kerstein	704-643-9494	<a href="mailto:randee3763@aol.com">randee3763@aol.com</a>
• Communications VP	Sari Hochberg	704-545-6611	<a href="mailto:shhfl28@yahoo.com">shhfl28@yahoo.com</a>
• Education VP	Talli Dippold	704-847-3427	<a href="mailto:tdippold@gmail.com">tdippold@gmail.com</a>
• Fundraising VP	Leigh Rose	704-293-7967	<a href="mailto:leigh@ncroses.com">leigh@ncroses.com</a>
• Membership VP	Penny Krieger	704-542-9402	<a href="mailto:pbk96@msn.com">pbk96@msn.com</a>
• Membership VP	Amy Rosewater	704-814-0814	<a href="mailto:Amyrosewater@windstream.net">Amyrosewater@windstream.net</a>
• Programming VP	Roz Cooper	704-846-8315	<a href="mailto:rcooper@shalomcharlotte.org">rcooper@shalomcharlotte.org</a>
• Programming VP	Lynda White	704-541-8317	<a href="mailto:wassoc@sprynet.com">wassoc@sprynet.com</a>
• Immediate Past President	Patricia Johnson	704-844-8624	<a href="mailto:pjhollywood@msn.com">pjhollywood@msn.com</a>

Give us a buzz . . . Send a text . . . an email . . . or a twitter . .

We are such a hi-tech and mobile society. . .

Please, please - when you change your home address, phone number or e-mail address, keep Hadassah in the loop so we can keep you in ours!



Thanks so much,  
Penny Krieger, 704-542-9402, [pbk96@msn.com](mailto:pbk96@msn.com)

Visit our website: [www.hadassah.org/charlotte](http://www.hadassah.org/charlotte)

Regional website address: [www.hadassah.org/southernseaboard](http://www.hadassah.org/southernseaboard)

National website: [www.hadassah.org](http://www.hadassah.org)

Visit us on FACEBOOK