

March -  
April 2015

Adar / Nissan /  
Iyar 5775

2015 - ISSUE 2  
NEWSLETTER

 **HADASSAH**  
Charlotte Chapter  
**HIGHLIGHTS Newsletter**



## President's Message

As I ease into my new role as President I can't think but how proud I am to be part of Hadassah. We have over 1,000 members in the Greater Charlotte Area and are part of the world's largest women's volunteer organization with over 330,000 members. How amazing is this? Together we can achieve, inspire, educate and raise funds for our hospital and their research in Israel and around the world, our Young Judaea programs and camps and so much more. We deal with serious matters and are actively advocating against human trafficking but we also seek fun in joyous events like the Maj Marathon or Bingo Night.

We educate and empower women throughout the year with programs such as our community Health Night - "Ask the Doctor."

I welcome your ideas on how we can make our chapter an even better one. Please contact me if you want to be more than a supporting member. If you want to get involved in one of our existing programs, great; if you have a brilliant idea for a new program, then even better. Call or email me because I would love to hear from you. Over the next couple of months I will speak more about our array of programs and events but for now - just keep one thing in mind: **We are . . . HADASSAH the power of women who DO!**

B'Shalom,

*Sandra Goldman*

704-366-7590 [Vaduz@bellsouth.net](mailto:Vaduz@bellsouth.net)  
President, Charlotte Chapter Hadassah



## Membership Our Most Precious Asset

Please encourage your friends to attend our activities and join our chapter. If they are Life Members elsewhere, they need to make a request in order to be transferred to Charlotte.

The newest members of the Charlotte Chapter of Hadassah to commit to Life Membership are Marcia Lewis and Robin Slater-Sherman.

We are pleased to welcome the following members new to the Charlotte Chapter of Hadassah: Barbara Cooper, Amy DeLoach, Esther Givner, Inez Gross, Marcia Lewis, Victoria Malz, Nadine Mitsch, Amy Repella, Leigh Rose and Robin Slater-Sherman.

## Good News!

### Life Membership is still only \$212 through 12/31/15

Sign family members up thru Charlotte Chapter to help us reach our commitment to Hadassah. This can now be paid in installments over a 6 month period.

Please contact Penny Krieger to become a life member, enroll a family member or make inquiries.

704-542-9402 or pbk96@msn.com.

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### Our Monthly Mitzvah

Our dedicated women provided more than 5 dozen Happy Chanukah Meals to grateful people who continue to express delight with both the quantity and quality of these dinners. The meals included turkey, roast

chicken, brisket, latkes, apple sauce, vegetables, rolls and donuts. A huge thanks go to Barbara Abrams, Phyllis Berlin, Ilene Cantor, Gladys Cherny, Lynne Cojac, June Hirschmann, Sandy Hoagland, Fran Kaplan, Judy Kaufmann, Barbara Kern, Penny Krieger, Andy McCleary, Jenny Rosenthal, Fran Schuler, Hagit Stav, and Nancy Tarbis. We welcomed three first time preppies into the group this month.

*Abbondanza!* The theme for our January meals was Italian. Meatballs and pasta, pasta were sure to be well received during this time of cold weather. *Grazie* Barbara Abrams, Ilene Cantor, Sharon Cavanaugh, Gladys Cherny, Milly Corday, Gloria Feibus, June Hirschmann, Sandy Hoagland, Fran Kaplan, Judy Kaufmann, Penny Krieger, Andy McCleary, Sharel Persin, Phyllis Romaine, Joyce Stoll and Amy Strasser for participating in this delicious meal prep.

Please JOIN US for our upcoming cooking parties. It is deeply appreciated, we have lots of fun and this *really* makes you feel good about what you are doing. Please call Penny if you would like to join us for the first time.

### Upcoming Meal Prep Dates for JFS

**Monday, March 23, 10 am**

Home of Penny Krieger  
12030 Summerberry Court  
704-542-9402

Passover Meals will be prepared. We need traditional food - Turkey or roast chicken, brisket, potato kugel, tsimmes, matzoh stuffing, Passover rolls, macaroons, etc.

**April - TBD**

Don't like to cook? You can still help by donating money, food or supplies and assisting in the packaging and labeling of meals or delivering the meals to JFS.

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## GOING GREEN IN ANOTHER WAY

If there are duplicate copies of Hadassah Magazine coming to your home, please contact Penny to discontinue the extra(s). This both conserves paper and saves Hadassah money. 704-542-9402 or [pbk96@msn.com](mailto:pbk96@msn.com)

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### *There is Always Room Just for You*

**Volunteering** gives you an opportunity to change lives, including your own. Hadassah needs volunteers to help support their programs, fundraising events, social events and the many functions that take place throughout the year.

Whether you like to proofread, bake, work an event, make phone calls, work on our website, write, paint, organize, etc... there is a place for you in Charlotte Hadassah. **Make 2015 a Hadassah year for you.**

**If you are new to the chapter or are new to volunteering for Hadassah, please contact Penny Krieger at 704-542-9402 or [pbk96@msn.com](mailto:pbk96@msn.com)**

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## E-Membership - Tell all your friends about it!

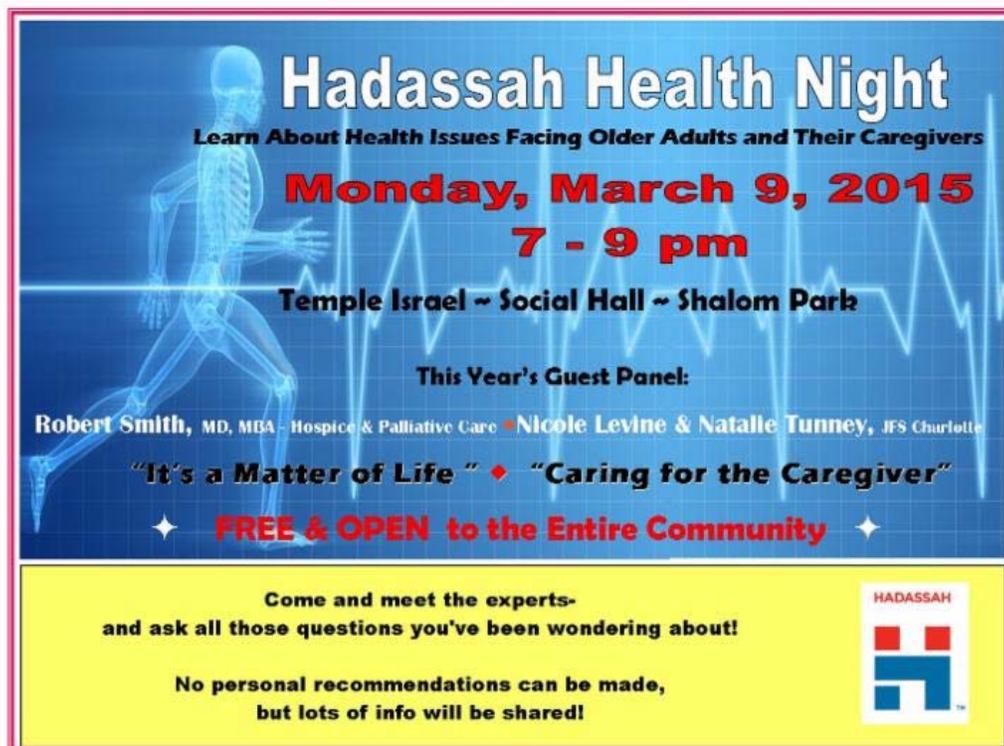


**An online only membership for women 17+ who are big on caring and short on time.**

Through closed Facebook and LinkedIn groups, the eMember can network with like-minded women who take pride in their Jewish connection. Early registration for online webinars and access to the National Professional Directory (coming soon) are just a few of the benefits that allow the eMember to find her time and place in Hadassah. The eMember stands side-by-side with the 330,000 members, associates and supporters, who empower women to take control of their health, advocate for women's rights and Israel's security, support groundbreaking medical research, and promote humanitarian efforts around the world. Through closed Facebook and LinkedIn groups, the eMember can network with like-minded women who take pride in their Jewish connection. Early registration for online webinars and access to the National Professional Directory (coming soon) are just a few of the benefits that allow the eMember to find her time and place in Hadassah. The eMember stands side-by-side with the 330,000 members, associates and supporters, who empower women to take control of their health, advocate for women's rights and Israel's security, support groundbreaking medical research, and promote humanitarian efforts around the world.

**BENEFITS:**

- Participation in Private Facebook and LinkedIn groups
- Access to Hadassah Members' Insurance Program
- Receive digital issues of the award-winning Hadassah Magazine
- Early registration access to online webinars
- Advocate for causes through the Email Action Network
- Access to Online Professional Directory (coming soon)
- Tax deductible enrollment fee
- Members' Insurance Program



**Hadassah Health Night**  
 Learn About Health Issues Facing Older Adults and Their Caregivers  
**Monday, March 9, 2015**  
**7 - 9 pm**  
 Temple Israel ~ Social Hall ~ Shalom Park

**This Year's Guest Panel:**  
 Robert Smith, MD, MBA - Hospice & Palliative Care • Nicole Levine & Natalie Tunney, JFS Charlotte

**"It's a Matter of Life" ♦ "Caring for the Caregiver"**

◆ **FREE & OPEN to the Entire Community** ◆

Come and meet the experts-  
 and ask all those questions you've been wondering about!

No personal recommendations can be made,  
 but lots of info will be shared!



## Our Community Health Night - "Ask the Doctor"

The Charlotte Chapter of Hadassah presents **ASK THE DOCTOR** at Temple Israel on **Monday, March 9, 2015 from 7-9 pm**. This program is free and open to all members of Hadassah, their guests and members of the greater Charlotte community. The program this year includes outstanding speakers. Each presenter will showcase their topic with a power point presentation, followed by an open question and answer session.

**Dr. Robert Smith of Hospice & Palliative Care, Charlotte Region will be presenting: "IT'S A MATTER OF LIFE."** Dr. Smith is the Medical Director of HPCCR. He earned an MBA from the Katz Graduate School of Business at the University of Pittsburg and then also went to

Medical School at the University of Pittsburg. Dr. Smith completed his residency in Family (Medicine at North East Medical Center in Concord, NC. He is Board Certified in Family Medicine and Hospice & Palliative Medicine.

**Nicole Levine, MSW, LCSW, CSW-G and Natalie Tunney of Jewish Family Services, Charlotte will be presenting "CARING FOR THE CAREGIVER."** Nicole Levine joined JFS in 2008. She received her MSW from Boston University, and holds Certification in Marriage and Family Therapy, and is a Certified Clinical Social Worker in Gerontology. Currently, Nicole works with seniors in OASIS as well as serving as Case Manager for the JFS My Solutions Case Management Program. Natalie Tunney is the Director of Senior Outreach. In addition, Natalie provides family members and caregivers with support, information and knowledgeable direction.

In addition to our speakers, we will be joined by two of our Hadassah Directory advertisers: **SILVER CROSS** and **HOME INSTEAD**. They will provide information on their services and products. **Mark your calendars!**

**Please join us for this exciting program.** For more information please contact Heidi at 704-365-3859



## Meet the Author Event

### "William Northrop to Speak on Espionage and the Middle East"

The Charlotte Chapter of Hadassah and the Levine Jewish Community Center are proud to announce a very special evening with William Northrop, author, military historian, intelligence expert and investigator.

In his most recent book, "Spook War", Mr. Northrop gives his readers a first-hand glimpse into the complicated and duplicitous world of espionage. William Northrop was born in Charlotte, educated at the Citadel and served in Viet Nam. After serving his country, William moved to the Middle East and lent his talents to help build the young nation of Israel. As a former intelligence officer, he lived in and out of Israel for many years and was deeply involved in intelligence operations and the Iran-Contra scandal.

The U.S. State Department has issued a "105" notice on Mr. Northrop, identifying him as a "known foreign intelligence operative". His talk will shine a light on many fascinating issues, including "what's a nice Jewish boy doing in a job like this?"

Mr. Northrop always says "there are two kinds of history, the one you know and the one that really happened". Join us on March 15<sup>th</sup>, at 4:00 PM in Lerner Hall to find out what really happened.

### Important Information:

**Where - Lerner Hall at Shalom Park**

**When - 4:00 PM; March 15<sup>th</sup>**

**What - William Northrop will share his knowledge**

**Cost - \$10.00 includes wine and cheese reception**

**Books will be available for sale by previous reservation (call Lynda 704-541-8317) or at the event in limited quantity.**

# 2015 Hadassah Directory Update

## The 2015 Charlotte Area Jewish Community Directory is Ready!

We are proud to present our 68<sup>th</sup> edition of the Charlotte Area Jewish Community Directory. The directory includes members of the Jewish community and supporting businesses. We hope that you find your 2015 Directory as useful as ever! Our sincere thanks to the dedicated and fantastic Directory Committee: Hadas Kasher, Judy Kaufmann and Heidi Rotberg. Their tireless commitment to this project enables all of us to enjoy the convenience of our handy directories!!

This directory is a labor of love. It takes countless hours of our dedicated volunteers. A very grateful acknowledgement to all of the people that helped put this directory to press, especially but not limited to Bonnie Berman, Bunny Bramson, Ruth Goldberg, Sari Hochberg, Penny Krieger, Audrey Madans, Andrea McCleary, Kathy Ochs, Hilary Rosenbaum, Michael Rotberg, Toby Ruda, Lois Schneider and Joyce Stoll. A very special thank you to the LJCC for allowing us to use the Levine-Sklut Judaic Library for proofing the directory. HUGE thanks to Steve Kaufmann for his time and patience in getting the final electronic draft of the directory to the printer!

The support of our patrons and advertisers enable us to provide this service to our community and to raise funds for Hadassah's worthwhile projects in the Charlotte community and worldwide. Please show your appreciation and patronize our generous advertisers and mention that you have seen their ad in our directory.

Looking for the 2015 directory? Please find us at the LJCC Purim Carnival on Sunday, March 1st (ask for the Hadassah table) or thereafter at the LJCC front desk and at the Temple Israel and Temple Beth El gift shops. If you have any questions, send an e-mail to [CltHadassahDir@gmail.com](mailto:CltHadassahDir@gmail.com) and put Hadassah in the subject line.

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## Hadassah Lunch and Learn

**Our next meeting is March 20 at 11:45 am. Please bring a dairy lunch.**



Everyone is welcome - Our regular attendees or newbies as well.

The dates of upcoming Hadassah Lunch and Learn sessions are  
(held on the third Friday of the month- 11:45 am until 1:00 pm) at the Levine-Sklut Judaic Library in Shalom Park.

**April 17**

**May 15**

**June 19**

Some dates may change, but this is the tentative schedule for the remainder of the year.

Please RSVP to Linda Levy if you can attend: [levyollie@aol.com](mailto:levyollie@aol.com)

**YOU KEEP US** ADVOCATING IN COURTS OF LAW, IN THE HALLS OF CONGRESS, AND AT THE UNITED NATIONS.

Women nationwide are empowered to lead, learn, and advocate for women, families, the Jewish community, and Israel.



**YOU  
KEEP US  
GOING.**



Keepers of the Gate

Hadassah's Premier Annual Giving Program [hadassah.org/keepers](http://hadassah.org/keepers) 800.928.0685

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**HADASSAH**   
the power  
of women  
who **DO™**

Become a Keeper of the Gate!

Please call Heidi Rotberg for more info at 704-365-3859.

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## Hadassah Greeting Cards

New cards for all occasions. Help raise money for Hadassah while putting a smile on the faces of your friends and family.

**You can purchase these cards for \$2.00 each or 6 cards for \$10.00  
Call Nancy Kerstein at 704-643-9494 to purchase cards.**

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## Hadassah Certificates

Send a Hadassah certificate and show the world you care.

Your tax deductible donation enriches the lives of millions of people.

**To order, call: Sue Klein- 704-910-5716**

if she is not available **call 1-800-928-0685 to order or you can view the Hadassah certificates**

**and e-certificates online: [www.hadassah.org/donate](http://www.hadassah.org/donate)**

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## Save these Dates

Event	Date	Location
"Purim Palooza"	3/1, 12-3	LJCC
Health Night- "Ask the Dr."	3/9, 7 -9	Temple Israel
Hadassah/LJCC Program- "Spook War"	3/15, 4 pm	Lerner Hall
Hadassah Board Mtg.	3/16, 7pm	Temple Israel
Lunch & Learn	3/20, 11:45 am	Levine Judaic Library
Bingo	3/29	TBD
Hadassah Board Mtg.	4/13, 7pm	Temple Israel
Lunch & Learn	4/17, 11:45 am	Levine Judaic Library
Spring Conference	4/17-19	New Orleans
Hadassah Board Mtg.	5/11, 7pm	Temple Israel
Lunch & Learn	5/15, 11:45 am	Levine Judaic Library
Family Craft Day	6/7	TBD

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## Sun City News

We welcomed the New Year with our 3<sup>rd</sup> annual Game Day. Interestingly enough dominoes and scrabble were the two most popular games played. Other games were banana grams, rummie-Q, bridge, canasta and of course mah jongg.

It was a great afternoon featuring a wonderful lunch and amazing raffle prizes including one of a kind crafted items and gift certificates from local vendors and restaurants. Fabulous desserts were made by our own volunteer bakers. Linda Brickman's son Mark, known as the Baker's Man, a pastry chef from Atlanta, made a delicious Baileys Irish Cream chocolate cake large enough for everyone to have a piece.

All who came and enjoyed the day are looking forward to our next Game day which will be this fall on November 8<sup>th</sup>. After all was accounted for we met the goal set by our fundraising committee.

For our monthly meeting we had a professional dance instructor teach us, at least try to teach us, Israeli folk dancing. We had such a good time and hope to do it again.

On a more serious note, Marsha Stickler from Shalom Bayit-NC will be speaking to us about domestic abuse in our greater Charlotte Jewish Community. Everyone deserves a life of dignity and respect, yet in more than 20% of Jewish homes there is abuse. This comes in the form of power to control, humiliation and even terror. Jewish people seem to suffer in silence and shame. By getting informed and becoming aware we can join in the effort to end this abuse.

Because we enjoy diverse programming, in March we will be making a craft for the Passover Celebration. We have a wonderful time at our meetings and special events, and we manage to raise awareness & funds for Hadassah while doing so.

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## 2015 Executive Board Contact Info

POSITION	NAME	PHONE #	E-MAIL
• President	Sandra Goldman	704-366-7590	<a href="mailto:Vaduz@bellsouth.net">Vaduz@bellsouth.net</a>
• Treasurer	Dana Kapustin	704-364-8669	<a href="mailto:dkapustin@carolina.rr.com">dkapustin@carolina.rr.com</a>
• Recording Secretary	Alicia Cooper	980-253-5134	<a href="mailto:thesuperfaux@gmail.com">thesuperfaux@gmail.com</a>
• Records Administrator	Judy Kaufmann	704-847-1022	<a href="mailto:steveka@att.net">steveka@att.net</a>
• Corresponding Secretary	Nancy Kerstein	704-643-9494	<a href="mailto:randee3763@aol.com">randee3763@aol.com</a>
• Communications VP	Sari Hochberg	704-545-6611	<a href="mailto:shhfl28@yahoo.com">shhfl28@yahoo.com</a>
• Education VP	Talli Dippold	704-847-3427	<a href="mailto:tdippold@gmail.com">tdippold@gmail.com</a>
• Fundraising VP	Leigh Rose	704-293-7967	<a href="mailto:leigh@ncroses.com">leigh@ncroses.com</a>
• Membership VP	Penny Krieger	704-542-9402	<a href="mailto:pbk96@msn.com">pbk96@msn.com</a>
• Membership VP	Amy Rosewater	704-814-0814	<a href="mailto:Amyrosewater@windstream.net">Amyrosewater@windstream.net</a>
• Programming VP	Roz Cooper	704-846-8315	<a href="mailto:rcooper@shalomcharlotte.org">rcooper@shalomcharlotte.org</a>
• Programming VP	Lynda White	704-541-8317	<a href="mailto:jwassoc@sprynet.com">jwassoc@sprynet.com</a>
• Immediate Past President	Patricia Johnson	704-844-8624	<a href="mailto:pjhollywood@msn.com">pjhollywood@msn.com</a>

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Give us a buzz . . . Send a text . . . an email . . . or a  
twitter . . .

We are such a hi-tech and mobile society. . .

Please, please - when you change your home address,  
phone number or e-mail address, keep Hadassah in the  
loop so we can keep you in ours!



Thanks so much,  
Penny Krieger, 704-542-9402, [pbk96@msn.com](mailto:pbk96@msn.com)

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Visit our website: [www.hadassah.org/charlotte](http://www.hadassah.org/charlotte)

Regional website address: [www.hadassah.org/southernseaboard](http://www.hadassah.org/southernseaboard)

National website: [www.hadassah.org](http://www.hadassah.org)

Visit us on FACEBOOK

**STAY CONNECTED**

