May - June 2015

Iyar /Sivan
Tammuz
5775

2015 - ISSUE 3
NEWSLETTER

HADASSAH
Charlotte Chapter

HIGHLIGHTS Newsletter

HADASSAH **The Women's Zionist Organization of America**

President's Message

Did you know that Heart disease is the leading cause of death among women in the United States? Did you know that Ashkenazi Jews have a greater risk of getting breast cancer than the general population? Hadassah is dedicated to helping American women lead healthier lives, educating women about these diseases, and advocating at every level of government on issues that affect women's health.

Keep in mind that 500,000 women in the US die of heart disease every year. Join thousands of women nationwide committed to promoting heart disease awareness through Every Beat Counts: Hadassah's Heart Health Program.

The Uplift Project and Charlotte born Celebrate the TaTas has women take charge, promote self-exams and mammograms and raise funds for breast cancer research to ensure that in the future there will be less than 1 in 8 women diagnosed with this vile disease.

Hadassah has created the Gender Equity in Medical Research (GEM) Initiative to help ensure that medical research benefits women and men equally. Join us in advocating for the *Research for All Act,* which represents a critical step toward ensuring effective, non-discriminatory medical research.

Keep in mind that Hadassah's pioneering medical research benefits people in North Carolina, in Israel, and around the world. Our researchers have developed breakthrough treatments for ALS, macular degeneration, melanoma, fatty liver disease, heart failure, lung cancer, and more.

It does not surprise me that we have over 1,000 members here in the Greater Charlotte area. Together we make a difference; we educate, empower, raise funds and we do.

B'Shalom,

Sandra Goldman
704 -366-7590 Vaduz@bellsouth.net

Membership

Our Most Precious Asset

Please encourage your friends to attend our activities and join our chapter. If they are Life Members elsewhere, they need to make a request in order to be transferred to Charlotte.

The newest members of the Charlotte Chapter of Hadassah to commit to Life Membership are **Shari Box and Alicia Libeson.**

We are pleased to welcome the following members new to the Charlotte Chapter of Hadassah: **Sylvia Aronson, Shari Box, Ilene Cantor, Joan Geller, Kayla Kaplan, Diana Levine, Rachel Levine, Alicia Libeson, Debbi Moore and Roberta Polishook.**

Good News!

Life Membership is still only $212 through 12/31/15

Sign family members up thru Charlotte Chapter to help us reach our commitment to Hadassah. This can now be paid in installments over a 6 month period.

Please contact Penny Krieger to become a life member, enroll a family member or make inquiries.
704-542-9402 or pbk96@msn.com.

Our Monthly Mitzvah

With only 5 days' notice, our amazing group of women prepared 4 dozen wonderful meals for JFS clients. Homemade beef stew, brisket, meatballs and chicken provided delicious and varied options for the happy recipients. **A special thanks go to Barbara Abrams, Lynne Cojac, June Hirschmann, Sandy Hoagland, Judy Kaufmann, Penny Krieger, Andy McCleary, Hagit Stav and Joyce Stoll.**

Passover was that much sweeter for those who received traditional holiday fare. Turkey, roast chicken, potato kugel, tsimmes, matzoh stuffing, Passover rolls and macaroons were among the scrumptious goodies packed into the more than 70 meals prepared with love by **Barbara Abrams, Susan Aizenman, Phyllis Berlin, Ellen Bottner, Ilene Cantor, Sharon Cavanaugh, Gladys Cherny, Milly Corday, Gail Green, Gloria Grifenhagen, June Hirschmann, Fran and Roy Kaplan, Judy and Steve Kaufmann, Penny Krieger, Lois Mazer, Andy McCleary, Sharel Persin, Phyllis Romaine, Fran Schuler, Joyce Stoll and Nancy Tarbis.** We even had one more newbie join the group!!

Please JOIN US for our upcoming cooking parties. It is deeply appreciated, we have lots of fun and this *really* makes you feel good about what you are doing. Please call Penny at 704-542-9402 if you would like more information.

Upcoming Meal Prep Dates for JFS

Tuesday, May 19 - 10 am

Monday, June 15 - 10 am

Don't like to cook? You can still help by donating money, food or supplies and assisting in the packaging and labeling of meals or delivering the meals to JFS.

GOING GREEN IN ANOTHER WAY

If there are duplicate copies of Hadassah Magazine coming to your home, please contact Penny to discontinue the extra(s). This both conserves paper and saves Hadassah money.
704-542-9402 or pbk96@msn.com

There is Always Room Just for You

Volunteering gives you an opportunity to change lives, including your own. Hadassah needs volunteers to help support their programs, fundraising events, social events and the many functions that take place throughout the year.

Whether you like to proofread, bake, work an event, make phone calls, work on our website, write, paint, organize, etc... there is a place for you in Charlotte Hadassah. **Make 2015 a Hadassah year for you.**

If you are new to the chapter or are new to volunteering for Hadassah, please contact Penny Krieger at 704-542-9402 or pbk96@msn.com

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E-Membership - Tell all your friends about it!

An online only membership for women 17+ who are big on caring and short on time.

Through closed Facebook and Linkedin groups, the eMember can network with like-minded women who take pride in their Jewish connection. Early registration for online webinars and access to the National Professional Directory (coming soon) are just a few of the benefits that allow the eMember to find her time and place in Hadassah. The eMember stands side-by-side with the 330,000 members, associates and supporters, who empower women to take control of their health, advocate for women's rights and Israel's security, support groundbreaking medical research, and promote humanitarian efforts around the world. **Through closed Facebook and Linkedin groups, the eMember can network with like-minded women who take pride in their Jewish connection. Early registration for online webinars and access to the National Professional Directory (coming soon) are just a few of the benefits that allow the eMember to find her time and place in Hadassah. The eMember stands side-by-side with the 330,000 members, associates and supporters, who empower women to take control of their health, advocate for women's rights and Israel's security, support groundbreaking medical research, and promote humanitarian efforts around the world.**

E-Member BENEFITS:

- **Participation in Private Facebook and Linkedin groups**
- **Access to Hadassah Members' Insurance Program**
- **Receive digital issues of the award-winning Hadassah Magazine**
- **Early registration access to online webinars**
- **Advocate for causes through the Email Action Network**
- **Access to Online Professional Directory (coming soon)**
- **Tax deductible enrollment fee**
- **Members' Insurance Program**

Hadassah's Move to Wall Street!

Hadassah's National Office has moved to its new location in New York. I have had several people ask about mailing items to New York. The Post Office Boxes have not changed, only the street address. Below is the information on mailing addresses.

a) All Unit Remittances will continue to go to the existing PO Box as stated on the Unit Remittance Form:
PO Box 745
New York, NY 10101-0745

b) All Membership Correspondence will continue to go to the existing PO Box:
PO Box 746
New York, NY 10101-0746

c) Any correspondence addressed to an individual c/o Hadassah or addressed to Hadassah, please mail it to our new address:
Hadassah, WZOA
40 Wall Street, 8th Floor
New York, NY 10005

Regards,
Janice Bernstein
President
Hadassah Southern Seaboard Region

Make Your Voice Heard in Israel

The World Zionist Congress (WZC) meets every five years to discuss issues of vital importance to the global Jewish community, i.e. Jewish identity, peace and security, anti-semitism, civil society in Israel, and the future of the State of Israel. Voting in the upcoming 37th WZC offers a unique opportunity for you to cast your vote to send delegates to the WZC to represent your voice.

If you are at least 18 years of age, live in the US, and accept the Jerusalem Program, you are most likely eligible to vote. In the United States, the election is managed by the American Zionist Movement, the umbrella organization of Zionist bodies and the representative of the World Zionist Organization in the United States.

Vote today for US delegates in the WZC. The name of one of our very own Charlotte Hadassah Life Members, Barbara Ezring, will be found on slate #2.

To vote visit https://myvoteourisrael.com / Fee to vote: $10.00

Meet the Author Update

Great program – William Northrop was fascinating!

2015 Hadassah Directory

Our 68th edition of the Charlotte Area Jewish Community Directory has been delivered to all Directory Patrons. The directory includes members of the Jewish community and supporting businesses. We hope that you find your 2015 Directory as useful as ever!

The support of our patrons and advertisers enables us to provide this service to our community and to raise funds for Hadassah's worthwhile projects in the Charlotte community and worldwide. Please show your appreciation and patronize our generous advertisers and mention that you have seen their ad in our directory.

Looking for the 2015 directory? They are available at the LJCC front desk and at the Temple Israel and Temple Beth El gift shops. Directories are $25.00 each. If you have any questions, send an e-mail to CltHadassahDir@gmail.com and put Hadassah in the subject line.

Hadassah Lunch and Learn

Our next meeting is May 15 at 11:45 am.

Please bring a dairy lunch.

Everyone is welcome - Our regular attendees or newbies as well.
The dates of upcoming Hadassah Lunch and Learn sessions are
(Held on the third Friday of the month- 11:45 am until 1:00 pm) at the Levine-Sklut Judaic Library in Shalom Park.

May 15 & June 19

Please RSVP to Linda Levy if you can attend: levyollie@aol.com

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Become a Keeper of the Gate!

Please call Heidi Rotberg for more info at 704-365-3859.

Hadassah Greeting Cards

New cards for all occasions.
Help raise money for Hadassah while putting a smile on the faces of your friends and family.

You can purchase these cards for $2.00 each or 6 cards for $10.00
Call Nancy Kerstein at 704-643-9494 to purchase cards.

Hadassah Certificates

Send a Hadassah certificate and show the world you care.
Your tax deductible donation enriches the lives of millions of people.
To order, call: Sue Klein- 704-910-5716
If Sue is not available call 1-800-928-0685 to order.
You can view the Hadassah certificates and e-certificates online: www.hadassah.org/donate

Save these Dates

Event	Date	Location
Hadassah Board Mtg.	5/11, 7pm	Temple Israel
Lunch & Learn	5/15, 11:45 am	Levine Judaic Library
Family Craft Day	6/7	TBD
Hadassah Board Mtg.	6/8, 7pm	Temple Israel
Lunch & Learn	6/19, 11:45 am	Levine Judaic Library
NO JULY Hadassah Board Mtg.		
Hadassah Board Mtg.	8/10, 7pm	Temple Israel
Ta Tas Women's Soccer Tournament	Sept. TBD	Greensboro, NC
Ta Tas Painting (1st day)/Mammo Mobile	9/3, 9 am-7 pm	Gorelick
Hadassah Board Mtg	Sept TBA	Temple Israel
Ta Tas Painting (2nd day)/Mammo Mobile	9/10, 9 am-6 pm	Gorelick

2015 Executive Board Contact Info

POSITION	NAME	PHONE #	E-MAIL
• President	Sandra Goldman	704-366-7590	Vaduz@bellsouth.net
• Treasurer	Dana Kapustin	704-364-8669	dkapustin@carolina.rr.com
• Recording Secretary	Alicia Cooper	980-253-5134	thesuperfaux@gmail.com
• Records Administrator	Judy Kaufmann	704-847-1022	steveka@att.net
• Corresponding Secretary	Nancy Kerstein	704-643-9494	randee3763@aol.com
• Communications VP	Sari Hochberg	704-545-6611	shhfl28@yahoo.com
• Education VP	Talli Dippold	704-847-3427	tdippold@gmail.com
• Fundraising VP	Leigh Rose	704-293-7967	leigh@ncroses.com
• Membership VP	Penny Krieger	704-542-9402	pbk96@msn.com
• Membership VP	Amy Rosewater	704-814-0814	Amyrosewater@windstream.net
• Programming VP	Roz Cooper	704-846-8315	rcooper@shalomcharlotte.org
• Programming VP	Lynda White	704-541-8317	jwassoc@sprynet.com
• Immediate Past President	Patricia Johnson	704-844-8624	pjhollywood@msn.com

Give us a buzz . . . Send a text . . . an email . . . or a twitter . . .
We are such a hi-tech and mobile society. . .
Please, please - when you change your home address, phone number or e-mail address, keep Hadassah in the loop so we can keep you in ours!

Thanks so much,
Penny Krieger, 704-542-9402, pbk96@msn.com

Visit our website: www.hadassah.org/charlotte

Regional website address: www.hadassah.org/southernseaboard

National website: www.hadassah.org