

Ami Abel Epstein, O.D.

Dr. Ami Abel Epstein graduated Summa Cum Laude with a Bachelor of Science in Engineering and a Masters of Science in Electrical Engineering from the University of Central Florida in Orlando, Florida. She was an engineer for Honeywell for five years in Clearwater, Florida. She went back to Optometry and graduated number one in her class of 1998 from University of Alabama at Birmingham School of Optometry (UABSO). She stayed on at UABSO to complete a Residency in Cornea and Contact Lenses from 1998-1999. She was a member of the UABSO faculty for six years as Director of Contact Lens Services, Supervisor of the Cornea and Contact Lens Resident, and Contact Lens Lab Master, among other responsibilities. She participated in the University Optometric Group faculty practice and served on its advisory panel. She has published articles, participated in clinical investigations, and lectured on the topic of cornea and contact lenses.

In 2005, Dr. Epstein left UABSO to practice in a group practice in Birmingham, Alabama. In mid-2006 she decided to open a solo private practice, Eye Do, P.C., in Birmingham, Alabama. She is a part time Clinical Associate Professor at UABSO since July 2014.

She is a long time member of the American Optometric Association, Alabama Optometric Association, and the Birmingham Area Optometric Society, and Past President of the Birmingham Area Optometric Society.

Dr. Epstein, her husband and five children reside in Mountain Brook, Alabama where she has served on numerous community boards over the past seventeen years, including the board of NE Miles Jewish Day School, the board of Kneseth Israel, the board of the LJCC camp program. Ami and her daughter, Bryna, are Life members of Hadassah.

She served as the Vice President of health education in 2016 and coordinated two educational programs. The first was on January 31, 2016. The program was titled, "Breast Cancer Risk Assessment". This program was meaningful to me because, I am a seventeen year breast cancer survivor and I have two daughters. The program discussed genetic mutations present in genes that may increase a person's chance of getting breast cancer. The presentation was coordinated with the first annual Benching for Boobs program at the LJCC on the same day. The second program was on April 10, 2016. The program's title was, "Research on Causes and Potential Protective Treatments for Parkinson's disease and Other Neurodegenerative Diseases". There were many in attendance who have a personal connection to this subject. It is a meaningful topic to me. I have an Uncle with Parkinson's.