Life Worth Living: Rebuilding Your Life Without a Partner

Featuring award-winning author
Michelle Hoffmann

How do you continue on with your life after losing your spouse or life partner? And how do you continue on if you have also become a single parent? Whether you are on your own because of divorce or the death of a spouse or partner, whether you have young children, adult children, or no children, award-winning author Michelle Hoffmann has insights on the topic of resilience and having dreams of your own. When you are responsible for taking care of everyone and everything, join us and find out how to create your happy after the happily ever after.

OCTOBER 1, 2020—7:30-9:00 PM
$18 minimum donation

REGISTER BY SEPTEMBER 30, 2020 HERE:
http://www.hadassah.org/events/lifeworthliving

In *Life Worth Living* you’ll learn:
- The 7 principles to conquer obstacles, make effective decisions, and re-create your life on your own terms.
- The reasons you get stuck in grief, and how to get through it.
- 3 techniques to support grieving children where they are most vulnerable.
- Tips to enjoy life’s celebrations and milestones without your spouse or partner.
- The top 10 things you need to do to avoid losing your assets, job, and children.

Zoom link will be provided upon registration.
All who register receive a free e-book! Physical book available for purchase on Amazon.

QUESTIONS? CONTACT JULIA AT SEQUOIACHAPTER@HADASSAH.ORG